

Jesus and Mary College

University of Delhi
Chanakyapuri, New Delhi - 110021

Accredited by NAAC with "A" Grade



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JESUS AND MARY COLLEGE

UNIVERSITY OF DELHI

SUPPORTING DOCUMENTS FOR 3.4.3 & 3.4.4

REPORTS OF THE EXTENSION ACTIVITIES OF THE FOLLOWING SOCIETIES AND DEPARTMENTS FOR THE PERIOD

2018-2019

SOCIETIES

NSS

WSC

JMCEP

ENACTUS

AICUF

GREEN SOCIETY

NCC

EOC

HINDI DEBATING SOCIETY

ENGLISH DEBATING SOCIETY

NDMC School Project

DEPARTMENTS

ECONOMICS DEPARTMENT

COMMERCE DEPARTMENT

HISTORY DEPARTMENT

B.EL.ED DEPARTMENT

B.VOC DEPARTMENT

ENGLISH DEPARTMENT

MATHEMATICS DEPARTMENT

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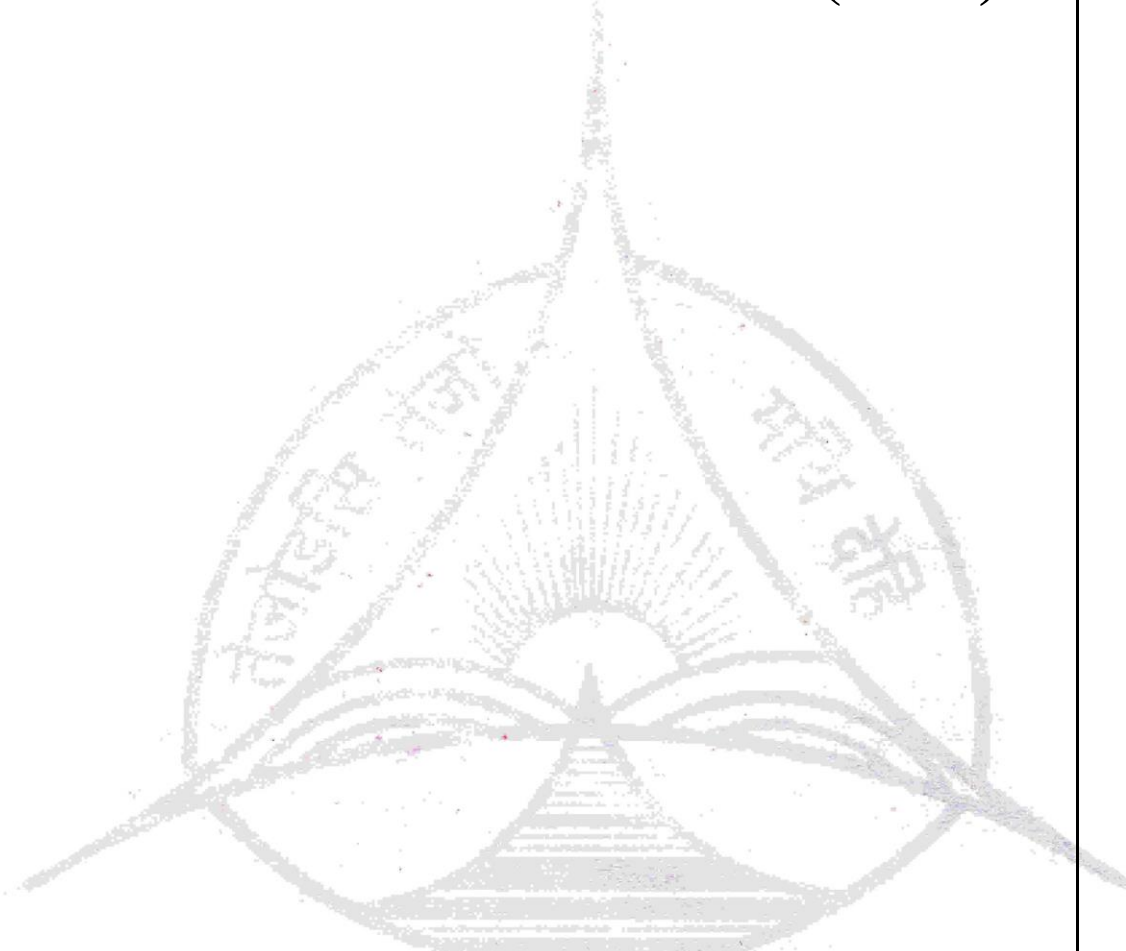
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NATIONAL SERVICE SCHEME (NSS)



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National Service Scheme (NSS)

JESUS AND MARY COLLEGE

REPORT: 2018-2019

No. of students: 120

The National Service Scheme, Jesus and Mary College, is a society that works towards promoting social equality and a shared sense of compassion. With immense ardour, NSS JMC organized multiple events throughout the year.

The NSS year commenced with the annual orientation on 29th August 2018 and Dr. Veerendra Mishra, NSS Director graced the occasion as the chief guest.

On the occasion of International Yoga Day, NSS organized an event to increase awareness about the benefits of yoga, where volunteers participated and performed multiple asanas.

NSS JMC observed 'Swachhta Pakhwada', Under this event, periodic cleanliness drives took place , talks cleanliness were also organised. It also included activities like nukkad natak, poster making competition, rallies and oath taking were held throughout the year.

NSS JMC also organised Kerala Relief Donation where new clothes, baby food, biscuits, sanitary pads etc were distributed. A book collection drive was also held wherein the volunteers collected books that were donated for a good cause.

NGO month was also observed in the month of September, where leading NGOs such as Red Cross Society, CRY, Ropio, HOPE Foundation, UMEED, Aarohan and many more held sessions with the volunteers.

NSS JMC in collaboration with Systematic Voters Education and Electoral Participation (SVEEP) organised a voter ID camp in the college. Election Commission Talk was also organised in which Election Commission Officer addressed the gathering about importance of elections and the role of election commission for conducting free and fair elections. Students took pledge to vote freely and fairly without any influence of any race, community, caste or religion. The District Election Officer(East) in collaboration with Delhi University had also organised a voter awareness campaign and EVM with VVPAT demonstrations in which NSS volunteers participated.

Surgical Strike Day was celebrated to remember the glory of the Indian soldier in which NSS organised letter writing, slogan making and card making activities for our volunteers. All the letters and slogans were given to the mighty soldiers.

Candle March was organised in the college to pay tribute to the martyrs of the Pulwama Attack.

Vigilance Awareness Week was organised based on the theme "Eradicate Corruption, Build a New India" in which Students submitted hand written essays, both in Hindi and English.

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One of the biggest events of the NSS JMC year, the annual Diwali mela 'Sparsh' was organized with immense zeal in the month of October.

Beti Bachao Beti Padhao talk was organised in collaboration with Delhi Legal State Authority (DLSA). Mr. Chandranjit Singh (Judicial Officer) was the chief guest of the event.

NSS JMC visited their adopted slum along with the convenors, teachers and volunteers. They promoted cleanliness, health, sanitation and made them aware of the importance of the use of sanitary napkins.

A Road Safety talk along with First Aid Training workshop was organised by NSS JMC under the guidance of Mr. Arun Kumar. The event provided with necessary information about road accidents. Self Defence training camp was organised under the guidance of Delhi Police, for 3 days. The volunteers were taught different techniques to defend themselves.

NSS JMC in collaboration with Red Cross Society organised a Blood donation camp. This initiative not only helped in creating awareness about the significance of such donation, but it also saw a huge participation from both students and teachers.

Apart from these events, NSS JMC also participated in various numbers of events that were held in various colleges, all over Delhi including:- Quizzes, NDRF and Road Safety Talk, National Road Safety Week, Youth Parliament Debate, Seminar on International Women's Day, A lecture on 'The Impact of Multilateralism on India' and remembrance anniversary of Jallianwala Bagh massacre lecture.

NSS ACTIVITIES 2018 – 2019

Sr. No.	DATE	EVENT
1	21st June, 2018	International Yoga Day
2	1st - 15th August, 2018	Swachhata Pakhwada
3	20th - 28th August, 2018	Kerala Relief Donation
4	29th August, 2018	Orientation
5	7th September, 2018	Book Collection
6	12th September, 2018	Arohan NGO Talk
7	12th September, 2018	Hope Foundation NGO Talk
8	18th, September, 2018	Cleanliness Rally
9	19th September, 2018	Cry NGO Talk
10	19th September, 2018	National Association Of The Blind NGO Talk
11	19th September, 2018	THI NGO Talk
12	19th September, 2018	ICS NGO Talk
13	24th September, 2018	Swachhata Hi Seva Hai

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14	26th September, 2018	Ropio NGO Talk
15	26th September, 2018	Pravah NGO Talk
16	26th September, 2018	International Red Cross Society NGO Talk
17	26th September, 2018	Umeed NGO Talk
18	27th September, 2018	Voter ID Camp
19	28th September, 2018	Surgical Strike Day
20	25th October, 2018	Deen Dayal Upadhyaya College
21	22th October – 2nd November, 2018	Vigilance Awareness Week
22	30th October, 2018	Election Commission Talk
23	17th - 18th January, 2019	Maitreyi College NDRF And Road Safety
24	19th January, 2019	RLA Youth Parliament Debate
25	21st January, 2019	Khel
26	23rd January, 2019	Beti Bachao- Beti Padhao
27	25th January, 2019	National Voters Day
28	25th January, 2019	First Aid Workshop Arsd College
29	2nd February, 2019	Road Safety Walkathon
30	21st February, 2018	Candle March
31	13th, 14th, 15th March, 2019	Self Defence Training Camp
32	3rd April, 2019	Slum Visit
33	8th February, 2019	Governance In The Mahabharata, Ramayana And Puranas Talk
34	8th - 9th February, 2019	Sri Ram College Of Commerce College
35	9th February, 2019	IIT Panel Discussion On Road Safety
36	16th February, 2019	Voter Awareness Campaign
37	21st February, 2018	Winter Donation Drive
38	26th February, 2019	First Aid Training And Workshop
39	9th March, 2019	Percipience - Prime Ministers Over The Decade
40	29th March, 2019	Impact Of Multilateralism On India
41	3rd April, 2019	Visit To The Slum
42	5th April, 2019	Blood Donation Camp

INTERNATIONAL YOGA DAY (21st June, 2018)

On 21st June , 2018 NSS JMC organised a meaningful yoga session with full zeal and enthusiasm, promoting the international day of yoga. This session was conducted for 2 hours . Two authorised yoga coaches Meena Ma'am and Pawan Sir made our enthusiastic volunteers aware about the benefits of yoga in their hectic and chaotic life . They also demonstrated some yoga activities which helped the

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volunteers to connect their minds with their deeper self . The volunteers were also enlightened about a number of Asans that can be performed in their daily lifestyle. The asans were explained in detail and were further demonstrated to the students. The event ended focusing on benefits of yoga , how it improves our lifestyle and the urgent need to incorporate in our daily routine .



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SWACHHATA PAKHWADA (1st – 15th August, 2018)

It was on the honourable day of 2nd October, 2014 that Swachh Bharat Abhiyan came into existence with the aim to promote cleanliness. In order to gather more support, the government of India started another great initiative under Swachh Bharat Abhiyan: "Swachhata Pakhwada". The period from 1st August -15th August was considered as "Swachhata Pakhwada Week". The sole motive of this initiative is to bring intense focus on the issues and practices of Swachhata. With great determination and devotion, NSS society of Jesus and Mary College took forward the work towards promoting clean surroundings by supporting and working towards achieving the goal of Swachhata Pakhwada. The project Swachhata Pakhwada commenced with an oath taking ceremony under the name "Swachhata Shapath" led by the principal of the college. The event gathered a huge momentum as more than hundred student volunteers along with teachers and NSS team gathered near the common room and pledged with great zeal and sincerity to eradicate insanitation and promised to devote hundred hours every year for fulfilling the pledge. A talk was organised on 1st August, 2018 which was delivered by the programme officer: Dr. Amita Tiwari. She enlightened the students by talking about the importance of clean surroundings and highlighted how an individual could contribute towards cleaning the surroundings. The talk ended with a heart throbbing video on Swachhata Abhiyan which indeed created a powerful impact on the audience.

In order to spread awareness about cleanliness, NSS JMC organised a cleanliness drive in the college premises from 2nd August- 5th August with the sole aim of sensitizing the students about the importance of cleanliness. This drive was headed by the programme officer: Dr. Amita Tiwari. The students actively participated in the drive by cleaning the college library, grounds, lawns and pathways. The sincere efforts of the students reflected their attitude as environmentally responsible citizens. A meeting was held on 14th August in order to discuss about the cleanliness programme. The meeting was headed by Dr. Amita Tiwari along with Sister Molly, Ruhi Ma'am and Saloni Ma'am and NSS team. During the meeting, the team discussed about new plans and ideas which are to be carry forward by the NSS team.

KERALA RELIEF DONATION (20th - 28th August, 2018)

NSS JMC unit organised a Kerala relief donation drive as Kerala come to terms with worst ever floods in nearly a century for which we collected biscuits , baby food, clothes, sanitary pads and bedsheets

ORIENTATION (29th August, 2018)

NSS Orientation took place on 29th August ,2018. This time to enlighten our programme we had NSS Director, Dr. Veerendra Mishra as our chief guest. Orientation started with his warm welcome. After that our Chief Guest, respected Principal , our convener Dr. Amita Tiwari ma'am and our teachers DR. Sister Molly ,Miss Ruhi ma'am , Miss Saloni ma'am and Miss Anuragini ma'am lighted the ceremonious lamp. Then Dr. Sister Rosily and Dr. Amita Tiwari ma'am addressed the audience with their valuable words. Everyone was impressed with their speech. Once the speeches got over the NSS team began with the real introduction of NSS and what it really is. We explained how NSS works and

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how the volunteers have to work for the society without any compromises. Then the NSS team explained the volunteers about the rules and regulations of the society. After the introduction, the melodious NSS song 'Lakshya Geet' was sung by the NSS junior core team members. NSS volunteers then performed a melodious song that won a lot of applause. The dance performance was truly entertaining and was enjoyed by all. A report on NSS JMC'S contribution and activities during the last year was presented. The report ended with the hope of expanding our activities this year. Our honorable Chief Guest, DR. Veerendra Mishra Sir enlightened the volunteers with his wise words. He stressed on mindful participation to be exhibited by all the NSS volunteers. He also urged the volunteers to work towards the greater good of the society. His speech which incorporated his personal life experiences had a great impact on the students. The conveners and teachers of NSS JMC were introduced on stage followed by the introduction of senior and junior core team members along with the office bearers. In the end the vote of thanks was proposed and the national anthem was sung by all present. The event was a great success!!

BOOK COLLECTION (7th September, 2018)

NSS JMC UNIT organised a Book Collection Drive On 7th September wherein we collected books used by students who would like to donate them for a good cause.

AAROHAN NGO TALK (12th September, 2018)

NSS, as a part of its NGO month organised a motivational talk by AAROHAN on 12 September 2018. AAROHAN is an NGO that provides comprehensive education, skill training and empowerment support for the holistic development of underprivileged children. The founder of AAROHAN, Ms. Rani Patel and member, Mr Alex John, had an interactive session with the students and educated them about the NGOs functioning and the contribution made by it towards the society. Ms. Patel enlightened the students by sharing her experiences as to how AAROHAN came into existence. During their address, they also outlined the NGO's objective: 'If a child cannot reach to the school, the school must reach the child.'

HOPE FOUNDATION NGO TALK (12th September, 2018)

Hope Foundation, one of our first visiting NGOs during NGO month was at JMC on the 12th of September. The talk was about the incredible work that Hope Foundation continues to do for the society, where the volunteers at Hope Foundation form its backbone. Hope Foundation works with individuals of all age groups and caters to multiple needs of the society's individuals. The motto of Hope Foundation is truly and rightly 'Cradle to Career' – to emphasize the true nature of Hope Foundation's work with all age groups. Miss Lalita who represented the NGO at the talk spoke about the various efforts in different fields that are made by the NGO; from schools and orphanages to old age homes and vocational training centres.

CLEANLINESS RALLY (18th, September, 2018)

On 14th August, a cleanliness rally was organised which started around 12:30 pm and went on for half an hour. Many enthusiastic girls participated in the rally making it a success. Forty students along with

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the President and Vice President participated and marched outside the college gate. The rally covered areas such as Bapu Dham and Maitreyi College. As a part of the rally, students visited the adopted slum behind the British School in Chanakyapuri. Slogans such as "Stash it Don't Trash it", "Go Green to Breath Clean" and "Cleanliness is the first law of health" were raised thus, making the rally more impactful.

CRY NGO TALK (19th September, 2018)

Child Rights and You commonly abbreviated as CRY, is a Non-governmental organization, which aims to restore children's rights visited during NGO month at JMC on the 19th of September. The talk was about the incredible work that CRY continues to do for the society, where the volunteers at CRY form its backbone. CRY partners with grassroots level non-governmental organisations to uplift thousands of underprivileged Indian children denied of basic rights by working across levels - from direct action, advocacy, mobilising public opinion to policy change. Miss Shivani and Gayatri who represented the NGO at the talk spoke about the various efforts in different fields that are made by the NGO; from schools and orphanages to old age homes and vocational training centres. They spoke about the work that the volunteers can do for the NGO and how the smallest of efforts, even those done by the volunteers from home can make a huge difference to the welfare of society.

NATIONAL ASSOCIATION OF THE BLIND NGO TALK (19th September, 2018)

The NGO Month conducted by NSS kicked off its second week by having National Association of the Blind as one of the NGOs that came to hold an orientation on 19th September 2018. NAB's representative Mrs. Shantha started the talk by explaining what the organisation does and its purpose of existence.

She spoke about the various programs undertaken by the organisation to impart education and to provide skills such as computer knowledge, arts and crafts and sports to the visually impaired. She also passed around samples of paper inscribed with the Braille system dots to instil a sense of feeling and openness of mind with our volunteers. It was received very well. This was followed by a brief question-answer round where the volunteers cleared their doubts. We had a turn out of around 70 volunteers and each of them displayed great enthusiasm.

SWACHHATA HI SEVA HAI (24th September, 2018)

To mark the NSS Day on the 24th September 2018, a Rally titled Swachhta Hi Seva , poster making competition and NUKKAD NATAK was organised to raise awareness about importance of a clean environment. To mark the NSS Day on the 24th September 2018, a Rally titled Swachhta Hi Seva was organised in and around the college campus at 11:30am. A large number of volunteers carrying banners and shouting slogans marched around the campus trying to bring about awareness, about the importance of keeping our environment clean. The participants showed much enthusiasm and clearly tried to bring about the message that it is the duty of each and every citizen to keep their surroundings clean and green.

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ROPIO NGO TALK (26th September, 2018)

NSS, as a part of its NGO month organised a talk by ROPIO on the 26th September 2018. ROPIO stands for Reach Out and Pass It On, a foundation that provides opportunities for at-risk children to grow and to reach their full potential. ROPIO has become home to many children who hail from difficult family backgrounds and yearn to achieve something for themselves. Their objective is to impart education and life skills to facilitate marginalised children, youth and women, thereby creating change-makers, who become wholesome contributing members of the society. Mr. Suraj who represented the NGO at the talk spoke about the efforts made by them. He emphasised on their vision ' To build a self-sustaining environment that empowers and provides direction to those in need'. An impressive number of volunteers attended the interactive session.

PRAVAH NGO TALK (26th September, 2018)

The best way to find yourself is to lose yourself in the service of others. To create awareness and help students understand such motive a talk was organised by NSS JMC in association with the PRAVAH NGO. Pravah is an organisation based in Delhi works with young people to impact issues of social justice through youth citizenship action. Pravah believes that sustainable change emanates from individuals. "Change them or their orientation and the system will change." The students of JMC took keen interest and active participation for joining this NGO. This talk resulted in awareness among the students and provided the platform to serve the society .

INTERNATIONAL RED CROSS SOCIETY NGO TALK (26th September, 2018)

NSS, as a part of its NGO month organised a talk by Red Cross Society on the 26th September 2018. The Indian Red Cross is a voluntary humanitarian organization having a network of over 700 branches throughout the country, providing relief in times of disasters/emergencies and promotes health & care of the vulnerable people and communities. It is a leading member of the largest independent humanitarian organization in the world, the International Red Cross & Red Crescent Movement. The Mission of the Indian Red Cross is to inspire, encourage and initiate at all times all forms of humanitarian activities so that human suffering can be minimized and even prevented and thus contribute to creating more congenial climate for peace. Ms. Bindu came from the society talked about the history and what they do . Lots of student participated in the talk. It was an interesting and interactive session.

UMEED NGO TALK (26th September, 2018)

As a part of its NGO month , a talk by Umeed was organized on the 26th September 2018. Umeed - a drop of hope is a youth club with the basic motto of social service as 'Socho, Samjho, Bolo'. This NGO works for the education of children who live under difficult circumstances such as child labour, children of the poorest of parents, street and runaway children etc. The talk was given by Mr. Shubrajeet Gautam, the founder himself. What started as a campaign with only one hundred volunteers, today comprises of more than 30,000 volunteers in over seven states of the country, transforming it into a National-level NGO. The room was filled with enthusiastic volunteers.

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VOTER ID CAMP (27th September, 2018)

NSS, in collaboration with Systematic Voters' Education and Electoral Participation (SVEEP) organized a voter ID camp on 27 September 2018 in the college grounds. Representatives from SVEEP visited our college and conversed with students about the importance of voting and clarified their procedural doubts. Students in huge numbers came and collected voter id forms. The event was successful as it provided students with the necessary information to apply for Voter ID and become responsible citizens of tomorrow. Representatives from SVEEP set up camp in the college premises, and handed out forms to students in large numbers. Mass participation by the students of JMC was demonstrated.

SURGICAL STRIKE DAY (28th September, 2018)

Surgical Strike Day was celebrated to remember the glory of the Indian soldiers. The aim was to pay tribute to the valiant Indian soldiers. NSS organised letter writing, slogan making and card making activities for our volunteers. All the letters and slogans were given to the mighty soldiers.

VIGILANCE AWARENESS WEEK (22th October – 2nd November, 2018)

Vigilance Awareness Week was organised based on the theme "Eradicate Corruption, Build a New India". The basic motive behind the celebration was to create a corruption free society. Students submitted hand written essays as part of the essay writing competition, both in Hindi and English.

ELECTION COMMISSION TALK (30th October, 2018)

Election Commission Talk was organised in JMC in which Election Commission Officer addressed the gathering about importance of elections and the role of election commission for conducting free and fair elections. Cultural event was followed by, in which volunteers of various NSS units schools and colleges took part and were facilitated for their efforts.

KHEL (21st January, 2019)

The highlight of the year for NSS society was their new initiative 'KHEL'. This event was a sports day organised for children between the age group of 9-11 year. Many children from NGOs were invited for this day filled with games, activities and fun. They also received prizes followed by refreshments. This day was not just enjoyment for the children but for the volunteers as well.

BETI BACHAO-BETI PADHAO (23rd January, 2019)

NSS, in collaboration with Delhi Legal State authority (DLSA) organised a talk on 23rd January 2019, in the college Multipurpose Hall. Mr. Chandranjit Singh (Judicial officer) with his colleagues visited to our campus. The event was successful as it provided students with the necessary information about

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moral responsibility of the parents and the society to give equal treatment to Boys and Girls. The teacher's , faculty members and students of JMC made their valuable contribution to the programme.



NATIONAL VOTERS DAY (25th January, 2019)

NSS organised a pledge to celebrate National Voters day on 25th January 2018. The pledge aimed at encouraging more young voters to take part in the political process. Many volunteers actively took part in it. A desk was also set up in college for the enrollment of Voter Id Cards.



FIRST AID WORKSHOP ARSD COLLEGE (25th January, 2019)

The NSS unit of Atma Ram Sanatan Dharma College had organised the First Aid Training Workshop on 25 January 2019 at 11:00am. Mr. Arun Kumar was the main guest of this event. On this day every volunteer of another college had come and we learnt how to give CPR, Controlling of Bleeding, to reduce pain and priorities of casualty treatment. The event was successful as it provided students with necessary information about road accident. The volunteers of NSS, JMC made their valuable contribution to the programme.

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ROAD SAFETY WALKATHON (4th February, 2019)

Delhi Traffic Police had organised the "National Road Safety week" on 4th February, 2019 at 8:00 am. In which NSS JMC volunteers as well as NSS volunteers from other colleges had come for participation and the rally took place with a purpose to spread awareness about how important is road safety and what precautions should everyone take in day to day life. The event was successful and inspirational. The volunteers of NSS, JMC UNIT made their valuable contribution to the programme.



SELF DEFENCE TRAINING CAMP (13th, 14th, 15th March, 2019)

Geeta Mam started with the instructions, she informed about the "Himmat Plus" app that how it is useful of the girls in protecting them against any crimes. then She asked all the girls to install this app in their mobile. Then Brijesh Sir continued about the app and told is in more details that how it really works and gave a demo as well. He told us that how important is to be mentally and physically strong. He further told that for mentally strong one can use the "Himmat plus app" but in case one doesn't have

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mobile so she needs to be physically strong enough to deal with that situation on her own. He told that once the app is downloaded in mobile and if someone face any danger so she can shake mobile thrice so call will go to Delhi police and first 21 seconds video will start. Delhi police will come to know about it and help us. Physically strong was about to save self from any crises or danger. He taught us some techniques that if someone is trying to hurt us so how we have to save ourselves from that. Overall all it was very meaningful and helpful for all girls.



SLUM VISIT (3rd April, 2019)

NSS JMC volunteers along with the convener and the teachers visited their adopted slum near the British School on 3rd April 2019. The teachers and the volunteers met the ladies and the children of the slum and talked to them about their problems with respect to their children's studies and how the ladies can make their living by learning to make things at home which could later to be sold so that they earn some money. The unit took the responsibility of teaching the children of all age groups of the slum and also conduct workshops for the ladies so that they can learn new things which will be beneficial for them. The volunteers also distributed clothes, bags, diyas and many other useful things in the slum. The visit was successful as the volunteers got a chance to interact with the people living there and were able to understand them in a better way. The NSS JMC unit is excited to be working for the betterment of the people in the slum.

GOVERNANCE IN THE MAHABHARATA, RAMAYANA AND PURANAS TALK (8th February, 2019)

Which was organised by University of Delhi on 08 February 2019 at 2:30pm. Speaker was Dr.Bibek Debroy, Chairman, Economic advisory council to the Prime Minister and member, NITI Aayog. The event was attended by Nss volunteer of many colleges. He explained the difference between

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government and governance, about Mahabharata, Ramayana and importance of sanskrit. The event was successful as it provided students with lot of knowledge and to understand the history. Volunteers of NSS, JMC made their valuable contribution by attending the event.

IIT PANEL DISCUSSION ON ROAD SAFETY (9th February, 2019)

IIT had organised the "30th National Road Safety week" on 9th feb 2019 at 4:00 pm. In which NSS JMC volunteers as well as NSS volunteers from other colleges had came for panel discussion on role of youth and technology to promote multi sectoral action in road safety took place with a purpose to spread awareness about how important is road safety and what precautions should everyone take in day to day life. The event was successful and inspirational. The volunteers of NSS, JMC UNIT made their valuable contribution to the programme.

VOTER AWARENESS CAMPAIGN (16th February, 2019)

The District Election Officer(East) in collaboration with Delhi University had organised a voter awareness campaign and EVM with VVPAT demonstrations on 16 February 2019 in the grounds of Faculty of Arts from 11: 30 am onwards. Dr Ranbir Singh, the Chief Election Commissioner was the chief guest of the event. Eminent personalities like Mr Sanjay Singh , Special Commissioner of Police and Dr. Sunita Godara, district icon of East Election Office were the guests of honour. In their speeches, they underpinned the importance of public spirited students who exercise their right to vote. NSS units of various colleges performed street plays on relevant themes. The event achieved its goal of inspiring students to actively participants in the largest democracy. The volunteers of JMC made their valuable contribution to the event.

WINTER DONATION DRIVE (21st February, 2018)

NSS JMC conducted a collection drive in collaboration with the NGO 'We Clothe Them', who work towards helping the less privileged. Many clothes were donated by all volunteers for all age groups. The main aim of the drive was to empower the less privileged by giving them access to the most basic need of survival.

FIRST AID TRAINING AND WORKSHOP (26th February, 2019)

The NSS unit of Jesus and Mary college had organised the First Aid Training Workshop on 26 February 2019 in the college. Mr. Arun Kumar was the main guest of this event. The event provided necessary information about how to give CPR, Controlling of Bleeding ,to reduce pain and priorities of causally treatment. The event was successful as it provided students with necessary information about road accident. The teacher's, faculty members and students of JMC made their valuable contribution to their programme.

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INTERNATIONAL WOMEN'S DAY PERCIPIENCE - PRIME MINISTERS OVER THE DECADE (9th March, 2019)

National Service Scheme on the event of International Women's Day Programme on Saturday, 9th March 2019 organised a program on cybercrime against women in Delhi. The event took place in NDMC Convention Centre, Sansad Marg, New Delhi. It is further added that on 8th March 2019 a day long programme of Delhi state inter university level paper presentation and suggestion competition was also organised. Where the best research paper was presented on 9th March, 2019.

IMPACT OF MULTILATERALISM ON INDIA (29th March, 2019)

Delhi School of Transnational Affairs, University of Delhi in collaboration with Ministry of External Affairs, Government of India had organised a lecture on 'The Impact of Multilateralism on India' by Ambassador Asoke Mukherji , permanent representative of India to the United Nations on 29 March 2019 in the Convention Hall. Professor Yogesh K. Tyagi, vice chancellor presided over the meeting.

In his lecture, ambassador Asoke Mukerji deliberated on the relevance of multilateralism, India's contribution to and future endeavours towards multilateralism. He illustrated how the various government initiatives are directed towards achieving Sustainable Development Goals, a product of multilateralism. He underpinned the importance of involving various stakeholders like students, academicians and civil societies in public issues. The event achieved its goal of inspiring students to become aware of and analyze the multilateral international politics. The volunteers of JMC made their valuable contribution to the event.

VISIT TO THE SLUM (3rd April, 2019)

NSS JMC volunteers along with the convener and the teachers visited their adopted slum near the British School on 3rd April 2019. The teachers and the volunteers met the ladies and the children of the slum and talked to them about their problems with respect to their children's studies and how the ladies can make their living by learning to make things at home which could later to be sold so that they earn some money.



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The unit took the responsibility of teaching the children of all age groups of the slum and also conduct workshops for the ladies so that they can learn new things which will be beneficial for them. The volunteers also distributed clothes, bags, diyas and many other useful things in the slum. The visit was successful as the volunteers got a chance to interact with the people living there and were able to understand them in a better way. The NSS JMC unit is excited to be working for the betterment of the people in the slum.

BLOOD DONATION CAMP (5th April, 2019)

NSS JMC unit organised Blood Donation Camp in collaboration with Red Cross on 5th of April, 2019 from 10:00 am to 2:00 pm. The blood camp bus was set up at the basketball court of the college. NSS volunteers and teachers as well as college students along with our Principal and Convenor donated blood. There was a provision to check their haemoglobin, weight and blood pressure. Refreshments were given to the donors. The camp was a success and the NSS JMC unit is looking forward to organise more such events in the future.



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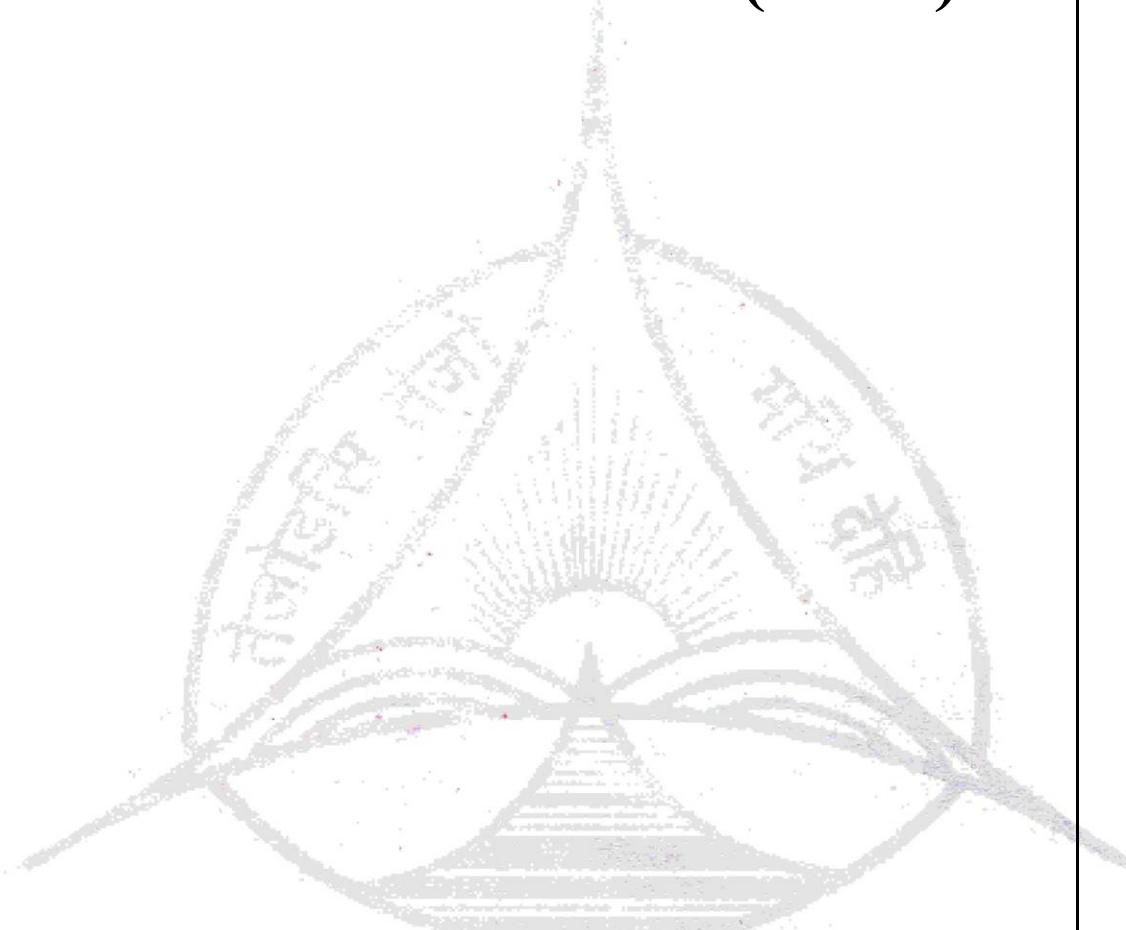
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WOMEN'S STUDY CENTRE (WSC)



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Women's Study Centre (WSC)

Jesus and Mary College

Annual Report: 2018-19

Dr. Maya John has been Convener of the WSC since August 2016. WSC is one of the compulsory societies of the college. The co-convener since August 2016 has been Dr. Susan George.

On an average all the events mentioned below witnessed the participation of four to five staff advisors i.e. teachers associated with the WSC.

Fund Raising Event



Self Defense Classes by Delhi Police



Year	Programme	Purpose	Number of Participants/Speakers	Report of the Event
2018	Discussion on 'Defining Sexual Harassment: Prevention and Redressal' – inaugural talk for 2018-19 academic session	To explain how rampant the problem of sexual harassment is at the workplace and how essential it is to register a complaint so as to prevent others from becoming victims	Roughly 150 students Resource persons: Ms. Vani and Ms. Savita, SAHELI	This panel-discussion-cum-workshop was organized in collaboration with the college's Internal Complaints Committee (ICC). It aimed at familiarizing students with the ICC. The resource persons also traced the history of discrimination faced by working women in India and the context in which the Vishakha Guidelines of the Supreme Court were released.

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Orientation program of WSC in new academic session 2018-19: A Talk on 'Comprehending and Addressing the Experiences of Sexual Harassment in Universities'	To familiarize JMC students with typical cases of sexual harassment reported from educational institutions and how to identify sexual harassment	Roughly 50 students Speaker: Ms. Nandini Rao, Feminist Trainer and Counselor, RAHI Foundation	This talk was in continuation with the earlier panel discussion. It was attended mostly by the WSC members. The speaker kept the format interactive and also showed video clips explaining the negative impact of sexual harassment, and thus, the importance of speaking out.
Self Defense Training Workshop	To impart basic physical training in self-defense	Roughly 60 students completed the workshop Resource persons: Trainers from Delhi Police	Roughly 60 students completed the 6-day workshop while many more students attended one to two days. The workshop was also revealing for the students as it helped them look at questions of body stamina, nutrition, and the need for confident body language.
WSC Fundraiser	To acquaint JMC students with empowering slogans and figures from the women's movement by selling hand-crafted stationery and badges	Roughly 400 students	The fund-raiser was well received and encouraged more students to attend subsequent WSC programs, and to follow the WSC on Facebook, etc.
Commemoration of International Girl Child Day	To provide an opportunity to speak out against prevailing gender discrimination faced by the girl child	Many students made videos out of which 20 were shortlisted for mass circulation	WSC members and JMC students made videos pledging to fight for equal rights for women and girls. These were circulated widely.
Talk on Mental Health	To commemorate world mental health week and help women students introspect about circumstances fuelling anxiety, low self-esteem and self-hurt	Roughly 40 students Conducted by the college counselors, Ms. Prachi and Ms. Asmita	The college counselors screened a short film and went on to discuss signs of psycho-somatic disorders that plague young women. Tackling the early signs by reaching out for help was the crux of the interaction.

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	Interactive workshop on LGBTQ+ community	To acquaint WSC members about alternative sexualities and the importance of questioning heteronormativity	40 to 50 students, out of which 25 were WSC members Resource person: Ms. Kashish Dua, social activist and researcher	The workshop helped to sensitize students and make them aware of nuances surrounding the issue of alternative sexuality and the problems with homophobia and heteronormativity.
2019	Talk by Delhi police	To acquaint students with the Delhi Police's Himmat app	Roughly 400 students	To familiarize students with the measures being taken to ensure women's safety through various helplines and use of Himmat App
	Panel Discussion on "Empowering Women through Entrepreneurship", conducted by National Commission for Women.	To acquaint students with the struggles and achievements of women entrepreneurs in India	30 WSC members were selected to attend the workshop	The JMC delegates learnt a lot from the various life stories traced of small-scale entrepreneurial initiatives of women.
	WSC Certificate Course Classes from January to April 2019	To discuss gender inequality in its varied forms and to question the notion of 'women' as a unified, homogenous category	Roughly 30 to 40 students have attended each class. Resource persons have included visiting scholars like Dr. Christa Wichterich from Rosa Luxembourg Foundation, and JMC faculty members	The classes were organized on the broad theme 'Unpacking Women's Oppression'.
	Student Seminar conducted on 6 th March 2019 on "Women's Voices: Agency, Vulnerability	To provide undergraduate and M.A. students a platform to present on gender issues and	Roughly 100 students participated, and some 20 presentations.	This was an inter-college student seminar, in which we had a short-film segment and paper presentations. The paper presentations were divided into parallel sessions: (i) Gender and Media

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	and Conformity”	concerns on the occasion of International Women’s Day		(ii) Gender, Sexuality and the Politics of Tradition (iii) Gender Violence, Discrimination and the Discourse on Parity (iv) Feminism and Intersectionality. Majority of student papers have been uploaded on the WSC blog https://wscjmc2019.blogspot.com
	Street Play on "Atyachaar Devi ki Leelayein" by the women’s organization, Centre for Struggling Women (CSW)	To commemorate International Women’s Day via a cultural program showcasing the violence faced by women in the public and domestic sphere.	Roughly 60 students Play team: 13 performers from the women’s organization CSW	Through this street play performance in collaboration with the WSC, the women activists in the play spoke of the average woman’s life and how much still needs to change for widespread equality and justice to become the reality.
	Film-making workshop titled “When we’re calling the shots”, followed by a short films festival	As its closing program for the 2018-19 academic session the WSC organized a ‘Gender and Film-making’ workshop, and a one-day film festival showcasing short films that push students to think about gender norms and prevailing inequality.	Roughly 50 students attended. The resource persons for the filmmaking workshop were: 1. Ms. Vani Subrahmaniam (women’s rights activist and award winning filmmaker) 2. Nidhi Kol (Assistant Program Coordinator, Goethe-Institute, Max Mueller Bhawan who has helped make a film on capital punishment)	At Vani Subramiam’s filmmaking workshop, students discussed the ways in which sensitive matter should be filmed, how to respect the filmed, etc. During the screening of short films, the directors/producers of films like Please Mind the Gap, and a Safe Person to Talk to joined the discussions.

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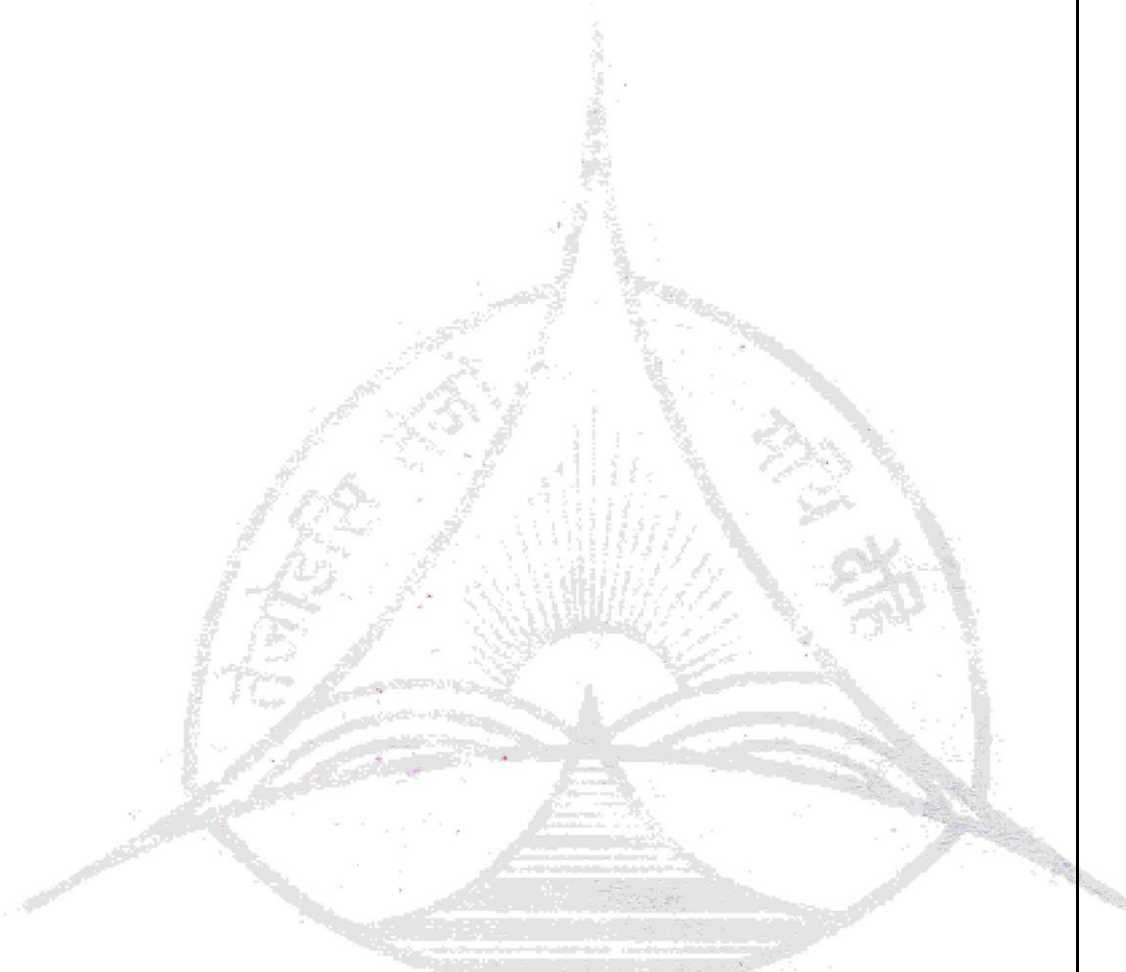
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			<p>At the short films festival, we showed the following films:</p> <ol style="list-style-type: none">1. A Safe Person to Talk To2. Juice3. The Day After Every Day4. Please Mind the Gap	
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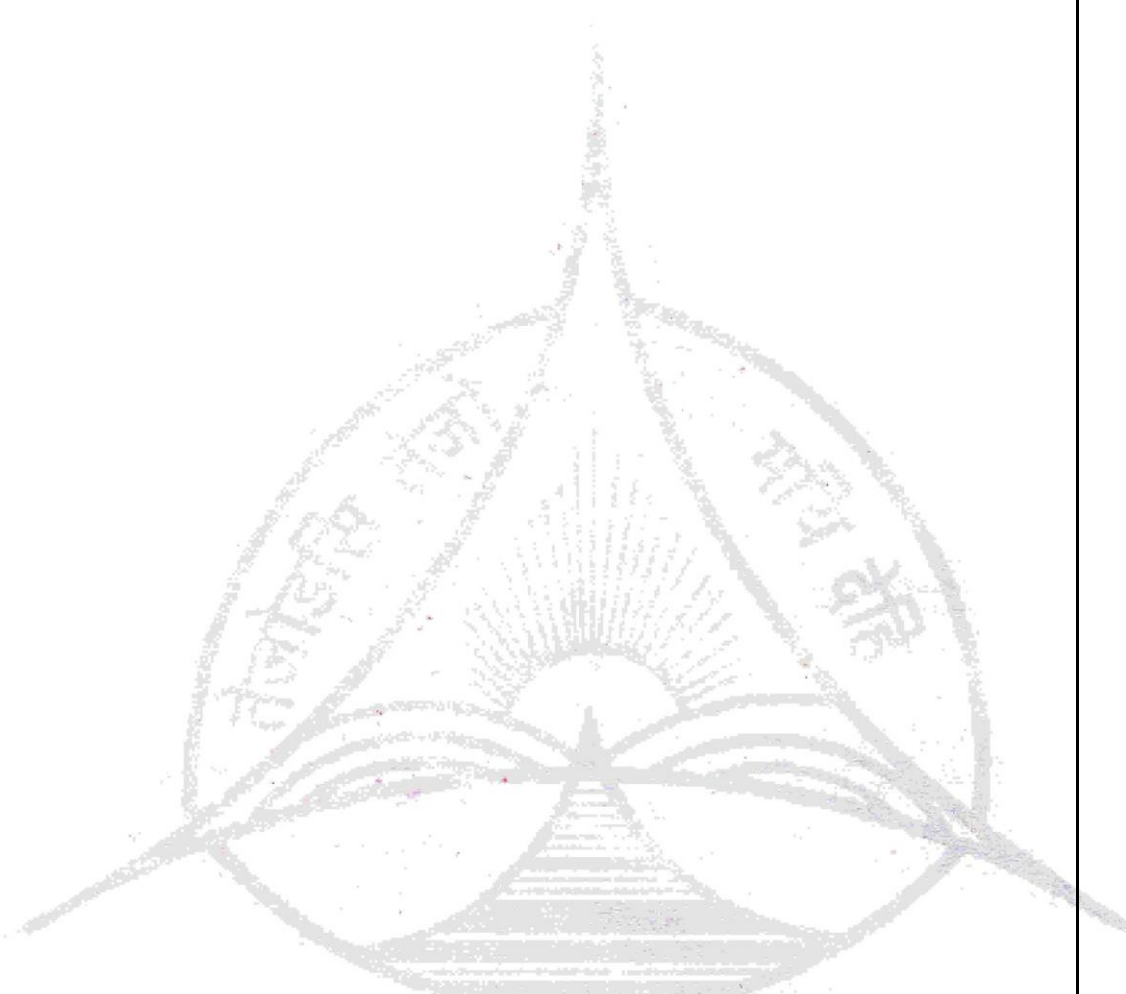
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JESUS AND MARY COLLEGE EDUCATIONAL PROGRAMME (JMCEP)



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Report of Extension Activities

Jesus And Mary College Educational Programme (JMCEP)

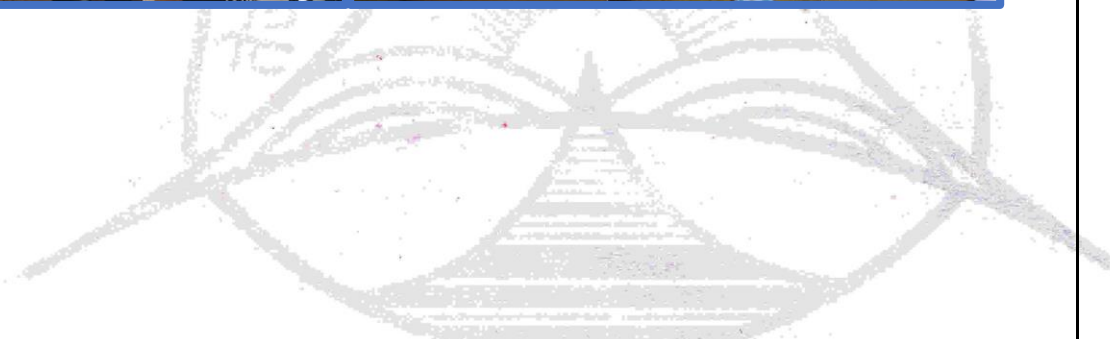
Jesus and Mary College Education Programme is a student initiative aimed at empowering school children from poor sections in Chanakyapuri through education and values that go beyond the concise boundaries of textbooks. The society hence strives to narrow the gap between poverty and equitable quality education.

Convenor:

2018 -2019 – Ms. Monica Soin Chhabra

Activities organized during the year 2018-19

Regular JMCEP Classes, 2018-19: A total of 80 JMCEP classes were held throughout this academic year, from 3 p.m. to 4 p.m. every Monday to Friday. A total of 132 school students would attend these classes, wherein each student is taught by a JMCEP volunteer. Laying special focus on English, Mathematics and Moral Science. Specifically, most of our children are from BAPU DHAM School (86 in total). Areas covered: Bapu Dham Colony, Railway Colony, the colony behind Maurya Hotel. Student Volunteers – 19 core team members + 254 members = **273 students**



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Annual Orientation, August 31, 2018

In the annual orientation, prospective student volunteers were briefed about the society's rules and regulations. This was preceded by a speech from our convener and a short prayer and song by the core team.



To ensure smooth working of the society, we have a core team of 20 students from varied departments. Core team supervises and ensures classes take place in an organized manner.

Core Team 2018-19



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Sanjay and Vivekananda Camp Visit, 6th September 2018

Eight core team members along with the president and the vice president, made a fruitful visit to Sanjay and Vivekananda Camps and reached out to 60 children and their families. It was a successful visit as kids seemed keen to begin their curriculum with zest and commitment.



Donation Drive, 7th September 2018

JMCEP conducted a donation drive for stationery items including notebooks, pencils and crayons for distribution among students during commencement of the JMCEP academic year 2018-19.



Donation drive- Stationery (7th September, 2018):

Pencils, colours, notebooks, erasers etc. were collected from the society members.

Distribution of notebooks/pencils (11th September, 2018):

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Notebooks and other collected stationery items were distributed to more than 100 children.

Distribution of Bananas and Apples:

Every Wednesday & Friday throughout the working year

Distribution of Fruits and Lassi (14th September, 2018)

The Diwali Do-It-Yourself (DIY) Activity, 1st November 2018

To promote a green Diwali, JMCEP students were sensitized about the ill effects of bursting crackers. They then decorated colorful paper *diyas* and got engaged into the true spirit of Diwali. To make the session even sweeter the kids were treated with candy.



The Diwali Party, 2nd November 2018

To celebrate the festival of lights, we held a Diwali party in the college premises. Our principal graced us with her presence as the honorable chief guest of the day. 120 kids turned up, performed dances and songs and enjoyed a great Diwali Party!



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Children's Day, 14th November 2018

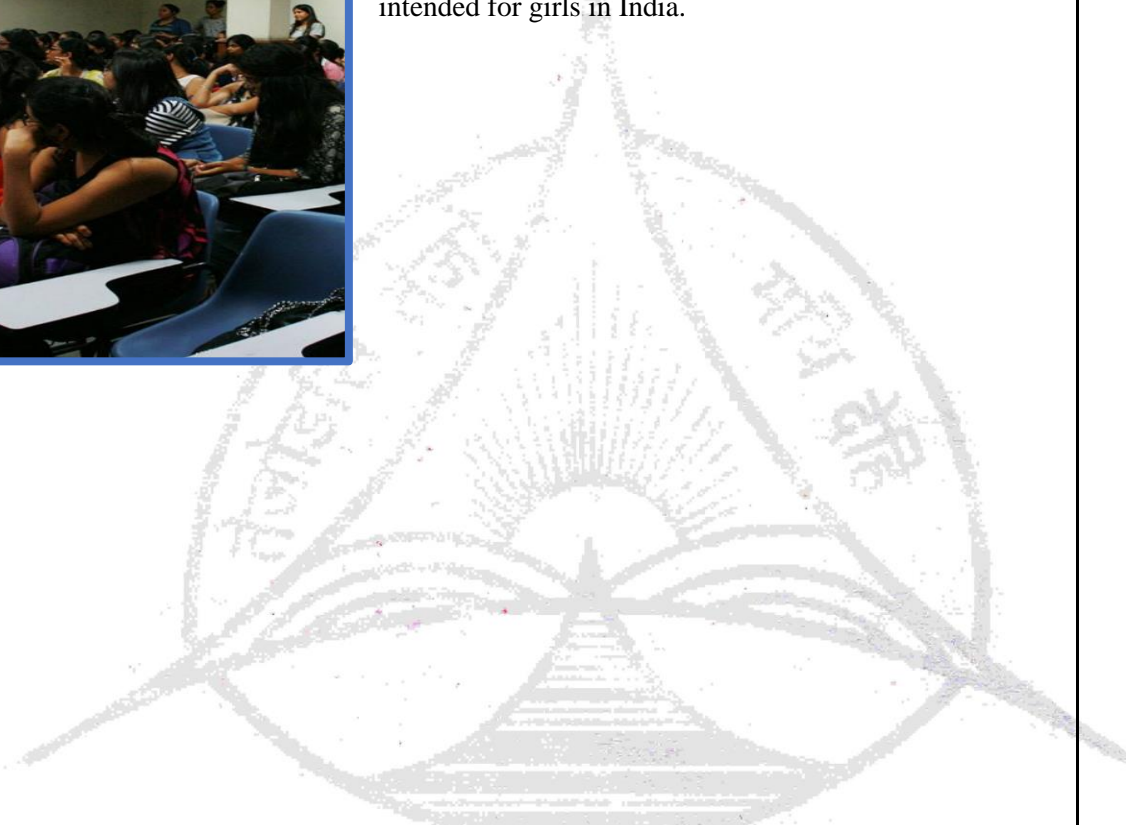
To make Children's Day fun and memorable, the kids were taught how to play dumb-charades. The volunteers also taught them educational songs and to add a cherry on the top, they were surprised with sweets and chocolates.



Beti Padhao Beti Bachao Talk, 23rd January 2019



On this day, the Ministry of Women and Child Development conducted a programme on 'Beti Bachao Beti Padhao' to generate awareness and improve the efficiency of the welfare services intended for girls in India.



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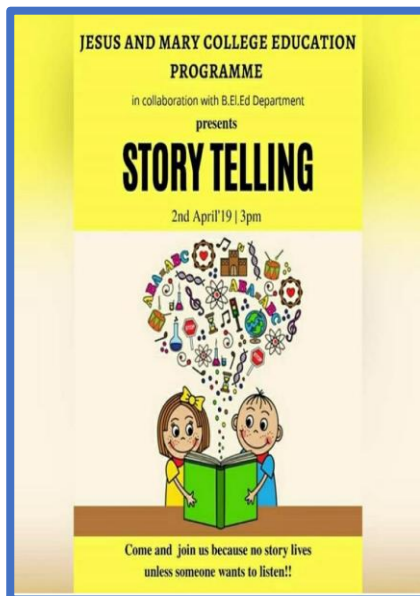
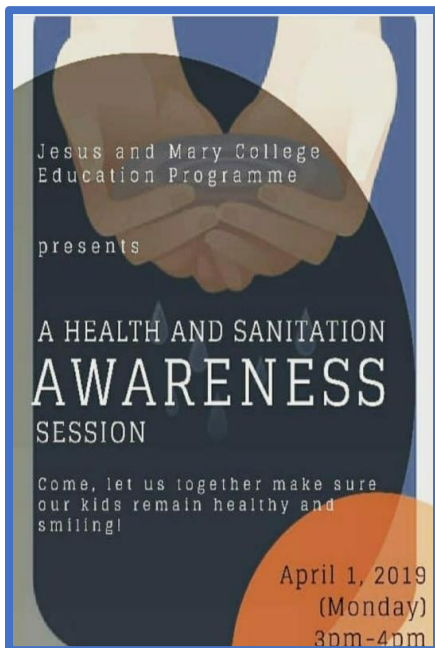
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JMCEP Week, 1st April to 5th April 2019

The JMCEP week comprised of many fun learning activities for the children. Day 1: Session on 'Health and Sanitation Awareness'. Day 2: Story telling session. Day 3: Art competition. Day 4: Zumba session. Day 5: Origami session. Each day was filled with a lot of fun and learning!



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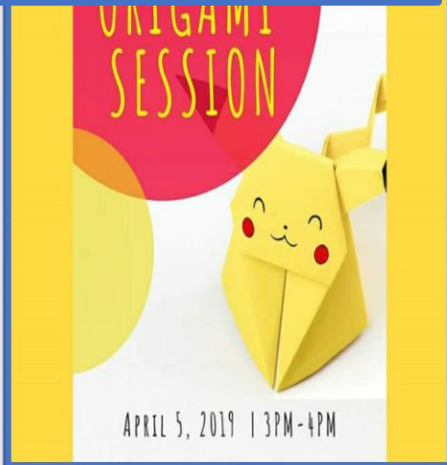
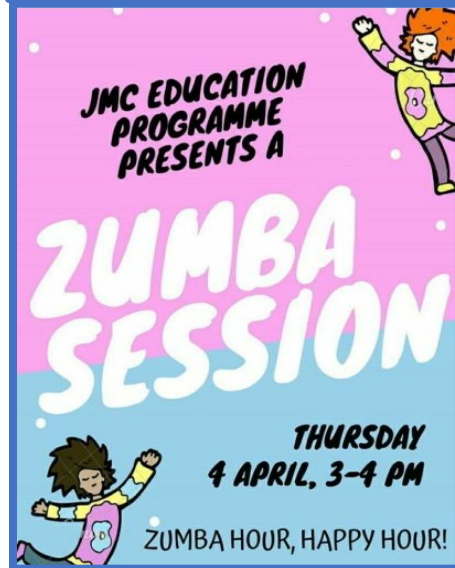
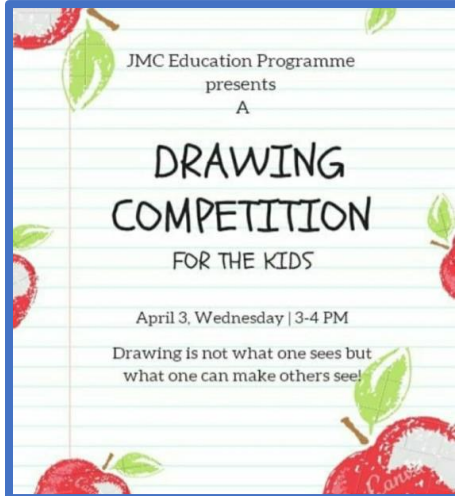


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JMCEP Annual Day, 8th April 2019

The JMCEP annual day was conducted to acknowledge and felicitate kids' efforts all year long and to motivate them to attend classes regularly. The children got an opportunity to showcase their talents such as singing and dancing, and some surprised everyone by pulling off yoga stunts! 135 kids showed up and special gifts were given to committed students.



JMCEP Annual Day



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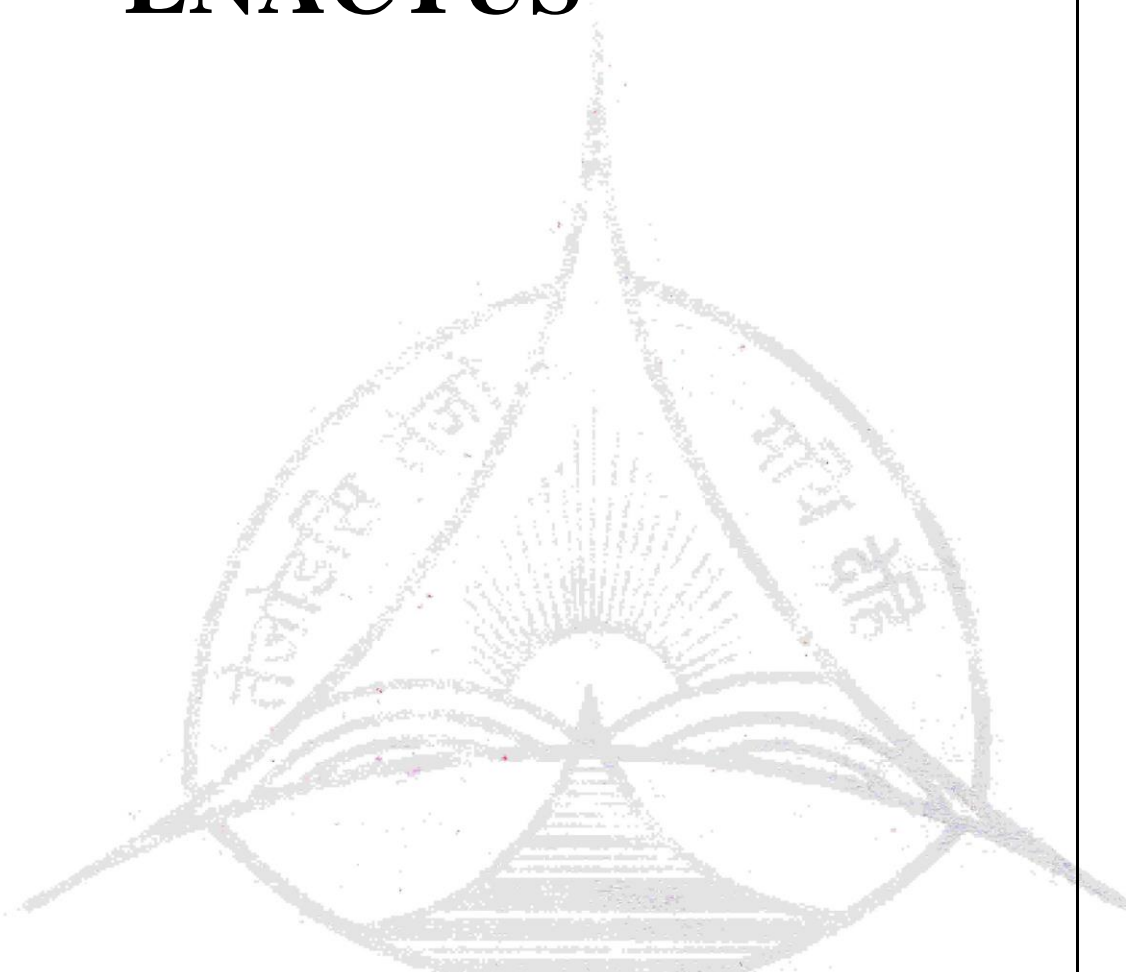
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ENACTUS



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ENACTUS

Jesus and Mary College

Annual Report 2018-2019

Convenor: Dr. Mani A. Nandhi

enactus Jesus and Mary College

Annual Report 2018-19

Iffat
INITIATING FRESH SOAPS & LIVING OPPORTUNITIES

Need
Poor hygiene and lack of sanitation are the leading causes of deaths of infants in India. Over **7 million** children die every year from diseases that can be prevented by cultivating the habit of hand washing.

Opportunity
Most people do not use the entire soap bar during their hotel stay and the leftover gets thrown away leading to water and land pollution through solid waste. A typical 400-rooms hotel generates **3.5 tons** of solid soap waste annually.

Our Community
For decades, HIV positive women have suffered discrimination, isolation and lack of opportunity due to gender inequality and the stigma around their disease. Iffat has successfully created a source of livelihood for this community of women, situated in Samaypur Badli in Delhi.

Entrepreneurial Action

- Selection and Need Assessment of Target Audience
- Training by Kraftivity Training Centre
- Collection of used soap bars from suppliers
- Recycling and quality testing of soap bars
- Packaging and labelling
- Establishment of linkages with sellers

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Highlights

- Introduction of Herbal Range of Soaps
- Received KPMG Business Ethics Grant
- Increase in suppliers of used soaps from 3 to 5
- Selected in the top 12 projects of World Water Race 2018
- Shift to a more efficient method of soap making using a machine

Direct Impact

Social



Trained **4** women entrepreneurs, enabling gender equality
Affected **9,877** families and **39,510** individuals by providing them with affordable and easily accessible sanitation measures.

Economic



Total income earned by 4 women entrepreneurs is **₹1,59,428**
Sold **19,755** soaps
Total Revenue is **₹2,16,150**

Environmental



Recycled **1,482** KGs of waste.
Reduced waste which contaminates water, reduced pressure on landfills and aided in balancing the pH level of soil.

Indirect Impact

Sensitized **45,550** individuals towards the necessary practice of 'handwashing'.
Sensitized **6040** people in slums about HIV and AIDS.

Sustainable Development Goals Covered



Key Partners



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principal@jmc.ac.in



Initiated in November 2016, Dhara means earth and is our initiative at taking entrepreneurial action by empowering communities and making life sustainable on Earth. Dhara envisions to bring about a change in the prevalent solid wastes disposal methods by converting bio-waste into vermicompost and recycling non biodegradable waste. Our vision is to provide an alternative to chemical fertilizers in order to reduce the burden on landfills and water bodies thereby reducing pollution.

Entrepreneurial Action



Selection and
Need
Assessment
of Target
Audience



Waste
Collection



Waste
Segregation
into bio and
non-bio waste



Bio waste is
recycled and
converted into
manure



Sold using
B2B, B2C,
and B2G
models

Need

1.4 lakh tonnes of waste is generated in India daily. Delhi produces **10,000** metric tonnes of garbage every day and only **500** tonnes is recycled on a daily basis. Increasing waste causes health hazards and environment degradation on an extensive scale.

Opportunity

400 KGs of waste is generated in college every single day and dumped into landfills.

Our Community

Our community seeks to empower marginalised slum women by helping them move towards financial independence and reducing social inequalities.

Highlights

Received KPMG Business Ethics Grant

Expanded the project to a total of 4 locations

Selected as finalists in the **top 4** projects of World WaterRace 2018

Diversification of the project by venturing into making of **seed balls** from our own organic manure

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Email Id : jmcadmn@yahoo.co.in
info@jmc.ac.in
principal@jmc.ac.in

Direct Impact

- Social** Trained **11** women entrepreneurs, enabling gender equality
- Economic** Total income earned by 11 women entrepreneurs is **₹3,27,396**
Total manure produced is **22,913** Kgs
Total revenue is **₹5,71,890**
- Environmental** Diverged **188.4** tonnes of waste
Conserved **6,00,000** litres of water

Indirect Impact

Impacted **2,90,000** people

Sustainability

Fetch Me Wishes Pvt. Ltd.
Aims to fulfill deliveries in T+2 days

Continuous Collaborative Orders
From schools, nurseries and government resellers

Sustainable Development Goals Covered

Goal 1 No Poverty	Goal 3 Good Health and Well Being	Goal 4 Quality Education
Goal 5 Gender Equality	Goal 6 Clean Water and Sanitation	Goal 8 Decent Work and Economic Growth
Goal 10 Reduced Inequality	Goal 11 Sustainable Cities and Communities	Goal 12 Responsible Consumption and Production
Goal 13 Climate Action	Goal 14 Life Below Water	Goal 15 Life on Land

Key Partners

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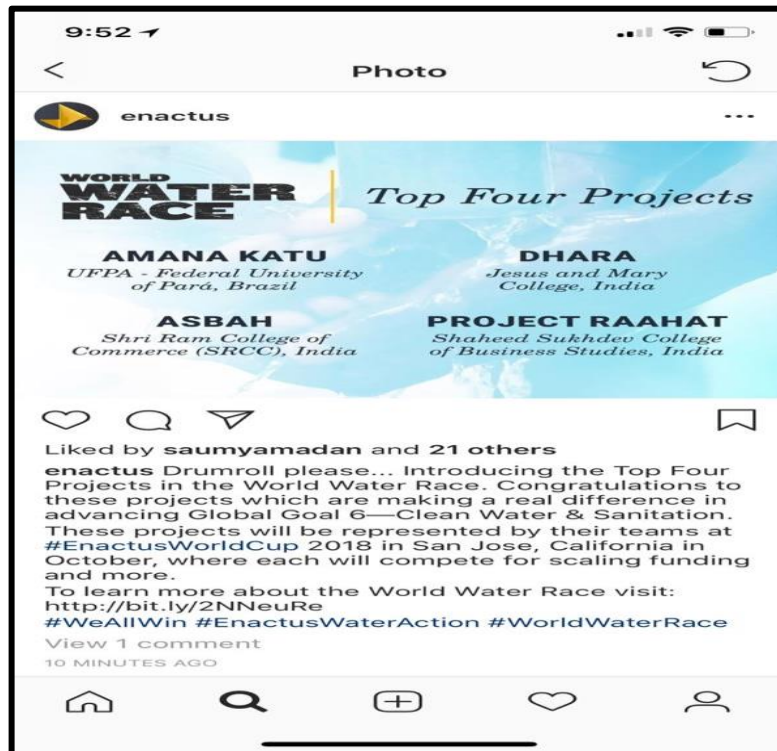


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WORLD WATER RACE

Top 12 Projects

AMANA KATU

UFPA - Federal University
of Pará, Brazil

ASBAH

Shri Ram College of
Commerce (SRCC), India

BIO-SWACHHALAY

Ramjas College, India

DHARA

Jesus and Mary College,
India

IFFAT

Jesus and Mary College,
India

LILYPADS

University of Edinburgh,
United Kingdom

NEPALS

Goethe-University
Frankfurt, Germany

PROJECT RAAHAT

Shaheed Sukhdev College
of Business Studies, India

PROJECT TABEER

Sri Guru Gobind Singh
College of Commerce, India

REMORA

University of Puerto Rico:
Río Piedras, Puerto Rico

USIRE CLEAN WATER ACCESSIBILITY (UCWA)

Jaramogi Oginga Odinga
University of Science &
Technology, Kenya

WATERFILTER

Technical University of
Munich, Germany



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World Headquarters
1950 East Kerr Street
Springfield, MO 65803, USA
+1 417.831.9505 Tel
enactus.org

August 9, 2018

Name: Aadys Sachdeva
Nationality: India
Date of Birth: 09-06-1998
Place of Birth: Delhi
Gender: Female
Passport Number: Z2949625
Passport Issue Date: 08-25-2014
Passport Expiration Date: 08-24-2024

Dear Aadys Sachdeva,

Enactus Worldwide (www.enactus.org) invites you to attend Enactus World Cup 2018 at the San Jose McEnery Convention Center on 9-11 October 2018. Please plan to arrive in San Jose, California, USA no later than 8 October 2018, but you are strongly encouraged to come a few days earlier and stay a few days later to get acclimated and experience the sights of Silicon Valley.


Enactus World Cup (www.enactus.org/worldcup) is an invitation only event which brings together an international network of Enactus members including university students, academic leaders, organization alumni and business executives (as well as special guests, supporters and government leaders) to showcase how Enactus is enabling progress through entrepreneurial action. Business executives serving as judges will evaluate the success of the projects created by the students (who are university students and registered members of the organization) and provide feedback that allows the teams to increase their positive impact. In addition to the competition, events such as the World Cultural Experience provide an exposition of the rich diversity represented within Enactus. Multiple receptions, lunches and dinners, along with special activities, speakers and sessions provide quality opportunities for collaboration and celebration among attendees.

Founded in 1975, Enactus is a US-headquartered (registered 501(c)(3) ID No. 74-2148471) non-profit entity operating on more than 1,700 university campuses in 36 countries worldwide. Guided by educators and supported by business leaders, we believe investing in students who take entrepreneurial action creates a better world for us all.

This letter is provided to you for the purpose of applying for a visa for entry to the United States to attend Enactus World Cup 2018. Please note, Enactus does not charge a registration fee for individuals invited to attend Enactus World Cup, all event related expenses are covered by Enactus sponsors. Travel and accommodation expenses, not otherwise covered by your business, university, sponsoring company or Enactus country operation, are the responsibility of each individual event attendee. Students are advised that you may be required to provide a letter to evidence your source of funding/sponsorship for expenses not covered by Enactus Worldwide when applying for a visa. If required, you may also be responsible for providing your own health and travel insurance.

If you have any questions, please contact Enactus at worldcup@enactus.org. We look forward to seeing you in San Jose!

Sincerely,


Rachael Jarosh
President & CEO
Enactus Worldwide



Point of Contact:

Jared Boyd
Head of Worldwide Events
jboyd@enactus.org
+1 417 831 9505



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World Headquarters
1959 East Kerr Street
Springfield, MO 65803, USA
+1 417.831.9505 Tel
enactus.org

August 9, 2018

Name: SAUMYA MADAN
Nationality: India
Date of Birth: 06-16-1998
Place of Birth: Delhi
Gender: Female
Passport Number: Z3666146
Passport Issue Date: 07-06-2016
Passport Expiration Date: 07-05-2026

Dear Saumya Madan,

Enactus Worldwide (www.enactus.org) invites you to attend Enactus World Cup 2018 at the San Jose McEnery Convention Center on 9-11 October 2018. Please plan to arrive in San Jose, California, USA no later than 8 October 2018, but you are strongly encouraged to come a few days earlier and stay a few days later to get acclimated and experience the sights of Silicon Valley.

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Sincerely,


Rachael Jarosh
President & CEO
Enactus Worldwide



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Jared Boyd
Head of Worldwide Events
jboyd@enactus.org
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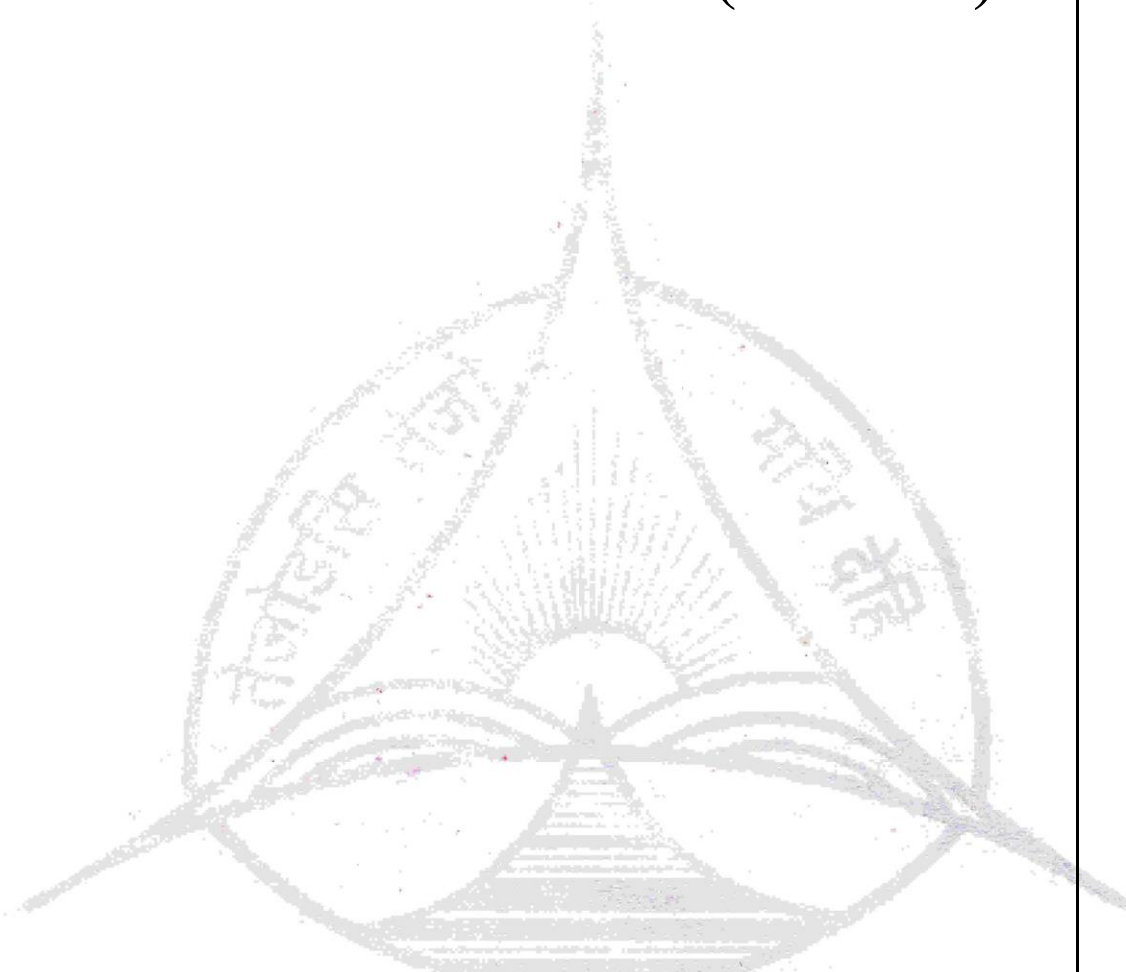
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ALL INDIA CATHOLIC UNIVERSITY FEDERATION (AICUF)



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JESUS AND MARY COLLEGE All India Catholic University Federation (AICUF)

AICUF ACTIVITIES: 2018-2019

Teacher Convenor: Dr. Joan Antony

Teacher members: Ms. Lissy Jose

Dr. Christu Doss

Mr. Naveen Thomas

Ms. Megha Jacob

Ms. Reshma Jose

President - Jisa Ann Thomas

Vice President - Juwel John

No. of Student Members: 220

1. 10th August : Society Fair
2. 20th August 2018 : Collection Drive for Kerala Flood Relief
3. 29th August 2018 : AICUF Orientation and Talk "MIND YOUR MIND MAPPING", by Dr. Joan Antony,
4. 12th September 2018 : Talk "Struggles of Refugee Women and Children In Country of Asylum" by Ms. Selin Susan Mathews, Project Manager, Bosco Refugee Assistance Program.
5. 12th October 2018 : 'Full Meal With AICUF'



6. 12th October 2018 : Praise and Worship band "ARTH"

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7. 24th October 2018 : Talk "Be the Salt" by Dr. Joan Antony
8. 31st October 2018 : "Being Street Smart" by Don Bosco Ashalayam, an interactive session with the children who have experienced living on the streets of Delhi.



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9. 23rd January 2019 : Talk "How to find Elegance in Chaos" by Ms. Maria Sitara (Alumni)
10. 6th February 2019 : "The Road Less Travelled: Women climbing uphill". Ms. Jasmine



11. Jose (Alumni), Coordinator, Skill development center, Haryana with team of women from Underprivileged background.



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12. 20th February 2019 : "Divinity of the Call: Walking the Narrow Path" sharing by the young sisters studying in the college
13. 13th March 2019 : Talk "What's your crowning glory, O Woman?" by Dr. Joan Antony



14. Choir for closing ceremony for Golden Jubilee celebrations

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15. Outreach Program: Members work with NGOs

16. June-July 2019 – Organization, Orientation and discipline during admission days



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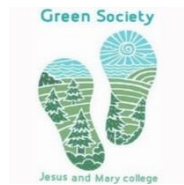


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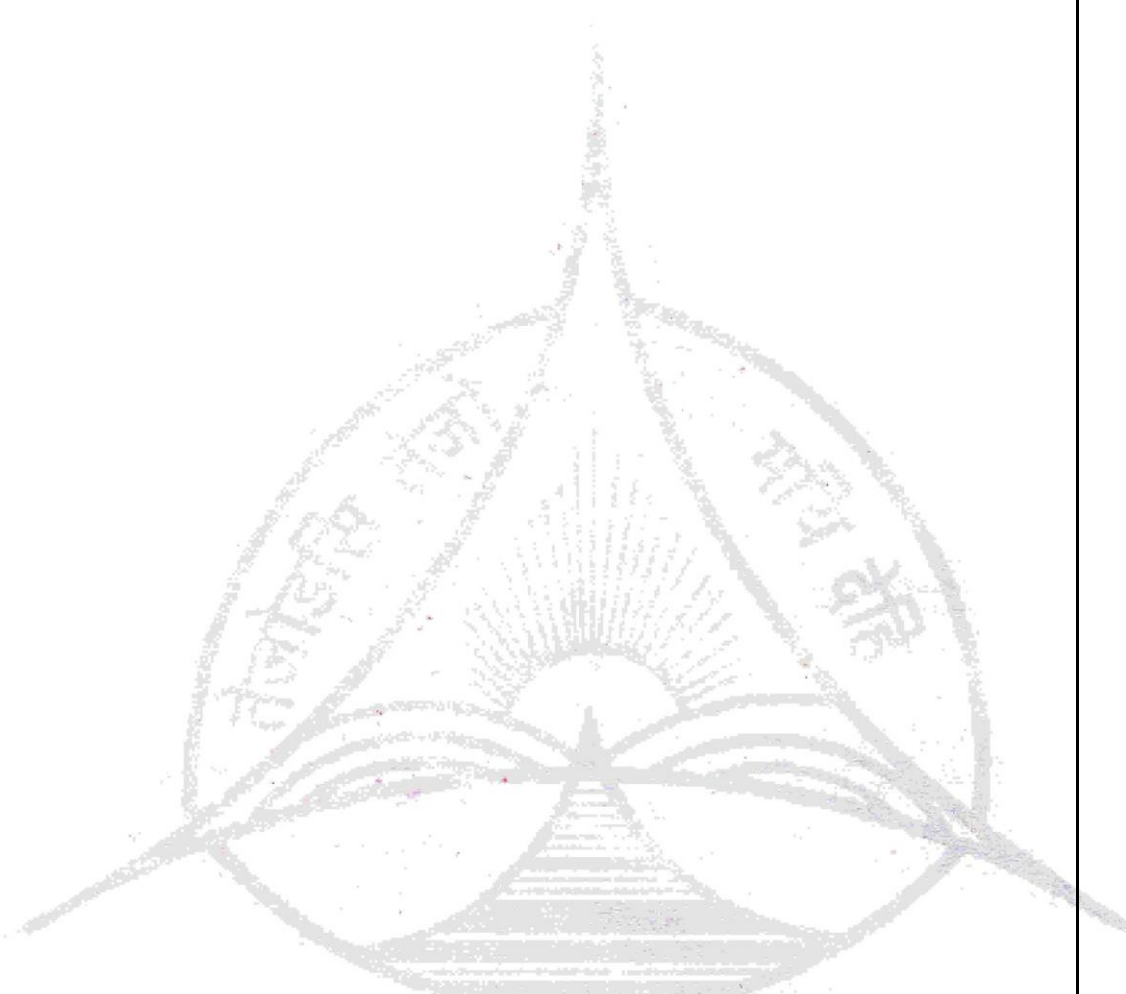
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GREEN SOCIETY



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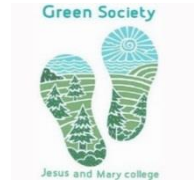
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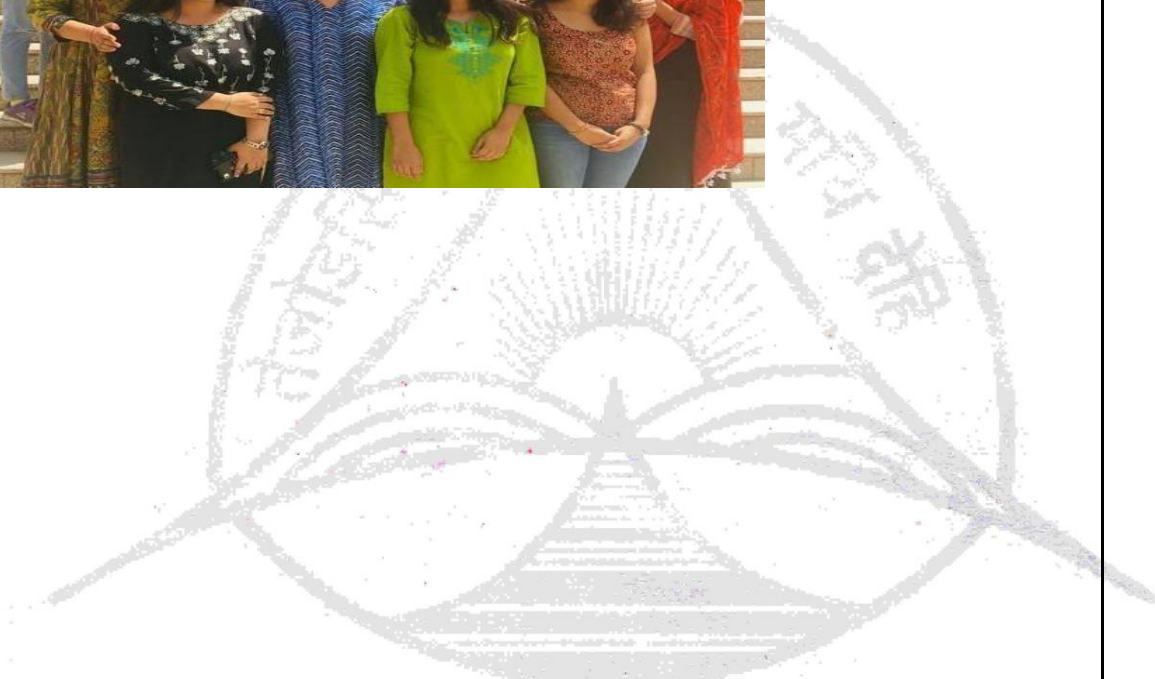
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JESUS AND MARY COLLEGE GREEN SOCIETY REPORT: 2018-2019



- **Convenors:** Dr. Sharda Bhatnagar and Dr. Susmita Ram
- **Faculty members:** Ms. Trisha Chowdhry, Dr. Shikha and Dr. Monica Rani
- **President:** Silvia Dominic
- **Vice President:** Shrija Sharma
- **Treasurer:** Ananya Kaushal
- **No. of students enrolled:** 70

With the aim of promoting a better and greener future, The Green Society of Jesus and Mary college works to instill among the people the value of Environment. We would also like to appreciate the efforts of Sr. Dr. Rosily, our Principal, who has encouraged our initiatives at every step. Following is the series of events conducted by the Green Society in 2018-2019:



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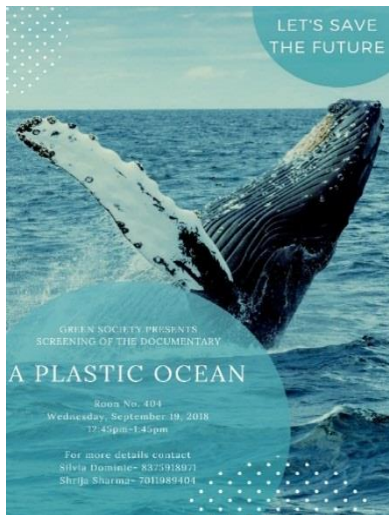
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- 1) **19th Sept'2018:** The documentary "The Plastic Ocean" was screened, followed by a discussion.



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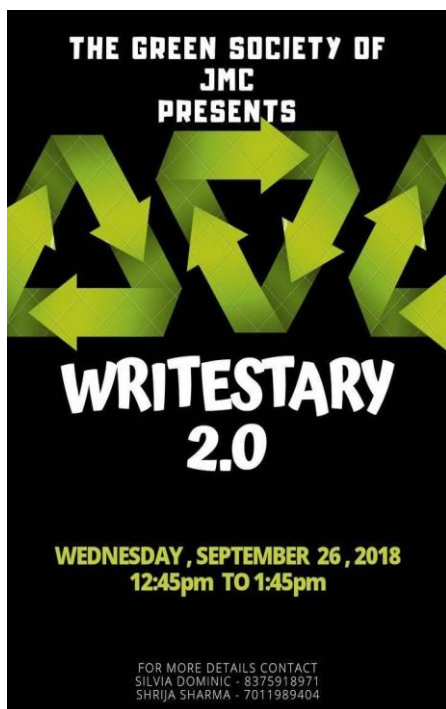
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- 2) **26th Sept'2018:** 'Writestry, where students wrote an essay on the topic 'Prevention of Plastic Pollution in our Daily Lives'. The focus was to spread awareness about what can be done to have a plastic free lifestyle.



- 3) **23rd Oct'2018:** A workshop on Plastic pollution, effects and solutions in collaboration with The Happy Turtle was organised. A stall was set up to give the members an opportunity to purchase plastic alternatives at special prices. The Happy Turtle are the pioneers in end -to -end plastic reduction consulting. And with this collaboration we marked a new chapter in ways of promoting environmental awareness. A project was undertaken by students of B.El.Ed to calculate their individual plastic footprints and the green society worked on it at the community level. Students also carried out a survey of the use of plastic on the college premises. As a result, it encouraged the canteen to reduce the use of plastic and switch to reusable stainless steel plates.

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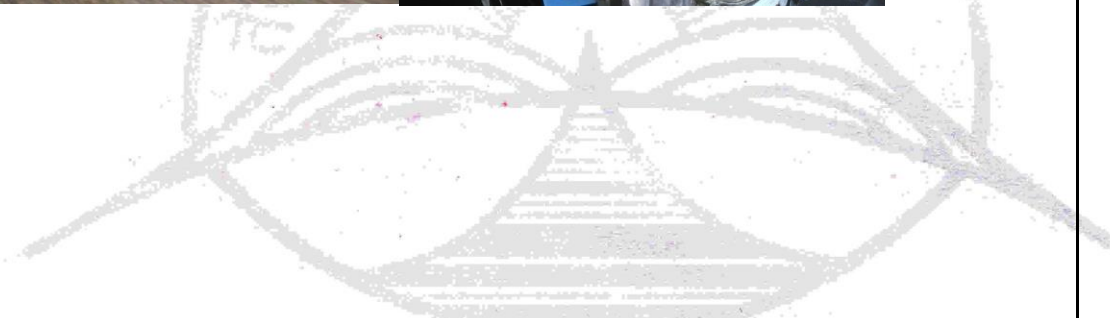


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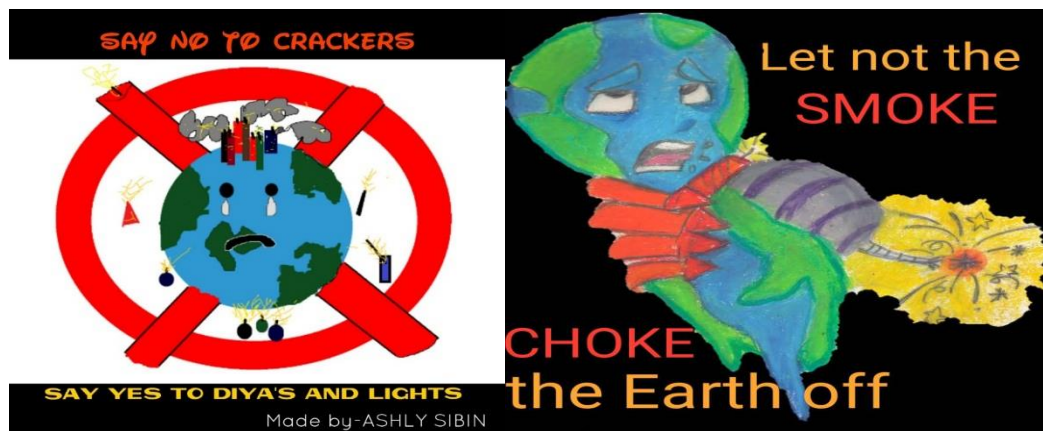
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- 4) **31st Oct'2018:** An online poster making competition on the topic "Say No to Crackers" was organised before Diwali.



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The collage consists of four posters:

- Top Left:** Titled "This Diwali, be the solution to Air Pollution". It promotes a "Safe & Healthy Diwali" and includes a "30% OFF" discount. It features a cartoon character wearing a mask and the hashtag #NoMoreShor. Text includes: "Every Diwali, the air quality drops 20 times below healthy levels." and "There is a 30% greater risk that you will be forced to visit a hospital due to respiratory emergencies." It lists "FEW LITTLE THINGS TO DO BECAUSE YOU CARE": Avoid bursting fire crackers, Always keep your medication handy in case of emergency, Step outside by covering your mouth and nose with a mask, and Any discomfort while breathing consult doctor immediately. The slogan is "Do celebrate but be healthy and safe!".
- Top Right:** Titled "THIS DIWALI, BURST YOUR EGO NOT CRACKERS". It features a "NO CRACKERS" sign with a red slash through it. Text includes: "The Earth has enough problems already. Don't add more." and "THIS DIWALI, LET'S GO GREEN & CELEBRATE A POLLUTION FREE DIWALI". It shows a group of children and a lit diya.
- Bottom Left:** Features a photograph of a young child eating. Titled "THIS DIWALI LET'S FEED INDIA". It includes a quote: "The number of people who fell prey to hitler's insanity were 6 million and the silent holocaust of hunger' is killing over 13 million people every year". The text says "Let's not burst crackers but" and features the hashtag #BURSTHUNGER. The slogan is "IF YOU CAN'T FEED MANY JUST FEED ONE".
- Bottom Right:** Features a sad, crying Earth globe surrounded by smoke and buildings. Titled "The earth has enough problems already. say no to crackers.....". It includes the name "kavita sharma kalindi college b.voc(web designing) 3rd year".

- 5) **1st Nov'2018:** "Suvidha", a stall for selling biodegradable sanitary napkins was set up during the Diwali Mela promoting awareness at community level, where 200 packets were sold at the cost price, and collection drive of old posters was organised to enable the students to reuse paper as material for our next event, "Slogan writing competition".

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GREEN SOCIETY of Jesus & Mary College requests the viewers to spread awareness amongst the underprivileged women regarding this affordable and hygienic method of menstrual protection

A step towards **cleaner, safer & affordable** menstruation

Janaushadhi Suvidha
Oxo-Biodegradable pads

4 Pads ONLY ONLY Rs.10/-

#MahilaKiSuvidha

To locate your nearest PMBJP kendra, please dial 1800 843 6666.

in @ G+ f t v jmcgsope janaushadhi.gov.in Toll Free Helpline No. 1800 180 9090



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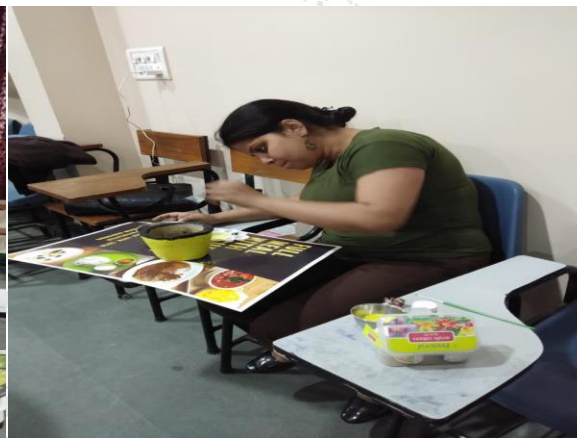
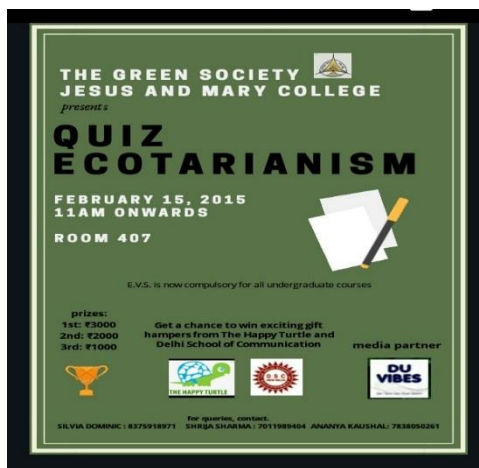
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6. **15th and 16th Feb'2019:** As part of the college festival 'Montage' 2019, two events were organised. These included a quiz competition, "Ecotarianism" and "For the Potter's Canvas", a pot painting competition. For the latter event, biodegradable pots made of cow dung were provided, promoting usage of eco- friendly products. A stall was put up during Montage '19 by The Happy Turtle addressing the issue, and providing alternatives to plastics like charcoal brushes, wooden spoons and mugs, jute bags, bamboo speakers and other eco-friendly products. The Green Society has focused on spreading awareness across the students, teaching and non-teaching staff to community.



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THE GREEN SOCIETY
JESUS AND MARY COLLEGE
presents

**POTTER'S
CANVAS**

DATE: FEBRUARY 16, 2019
TIME: 12:00 P.M. ONWARDS
VENUE: ROOM 407

CASH PRIZES
1ST: ₹1500 2ND: ₹1200 3RD: ₹800

GET A CHANCE TO WIN
EXCITING GIFT HAMPERS FROM
THE HAPPY TURTLE AND
DELHI SCHOOL OF COMMUNICATION

media partner
**DU
VIBES**

for queries, contact.
SILVA DOMINIC : 8375918971
SHRIJA SHARMA : 7011989404
ANANYA KAUSHAL: 7838050261



- 7) **13th March '2019:** A slam poetry competition on Colours of the Earth was organised to promote Safe and natural Holi

Green society
Jesus and Mary college
presents
khelo holi naturally
Topic: Colours of the earth
धरती के रंग
Slam poetry competition

FOR ANY OTHER QUERIES CONTACT:
SILVA DOMINIC (PRESIDENT): 8375918971
SHRIJA SHARMA (VICE PRESIDENT): 7011989404
ANANYA KAUSHAL (SECRETARY): 7838050261

DATE: 13 MARCH
TIME: 12-2 P.M
VENUE: 407

EXCITING CASH PRIZES TO BE WON



Jesus and Mary College

University of Delhi
Chanakyapuri, New Delhi - 110021

Accredited by NAAC with "A" Grade



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- 8) **10th April'2019:** An online inter-college poster making competition on the topics: Save electricity, Save Water, Avoid Food wastage and Do not litter was organised. The aim was on developing greater social awareness.

GREEN SOCIETY OF JMC
Presents
**INTER-COLLEGE ONLINE
POSTER COMPETITION**



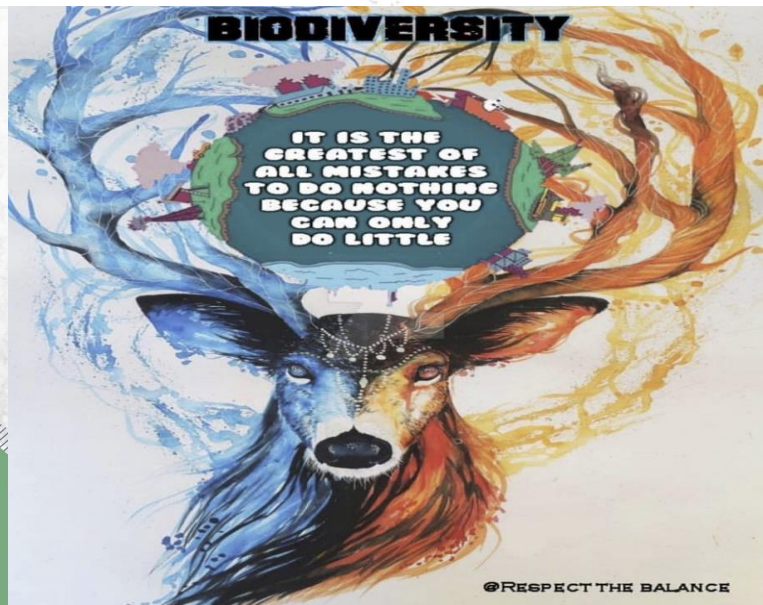
* Choose any of the given topics:
- Avoid Food Wastage
- Don't Litter
- Save Electricity
- Save Water

* Mail entries to greenocietyjmc@gmail.com
* Last date to submit entries:
10 April 2019

**Win Cash Prizes worth
Rs. 2000, 1000 & 800**

T & C
- Best posters will be printed and used to spread awareness in key areas of our college
- Posters should be catchy and effective

For further details, contact:
• Silvia Dominic (President)
8375918971
• Shrija Sharma (Vice President)
7011989404
• Ananya Kaushal (Secretary)
7838050261



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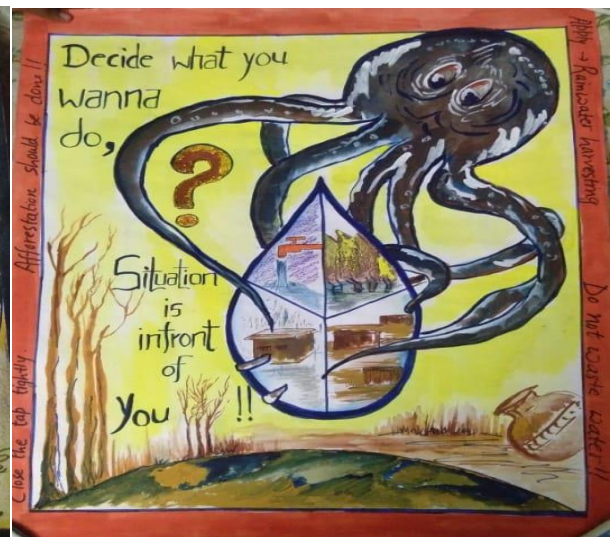
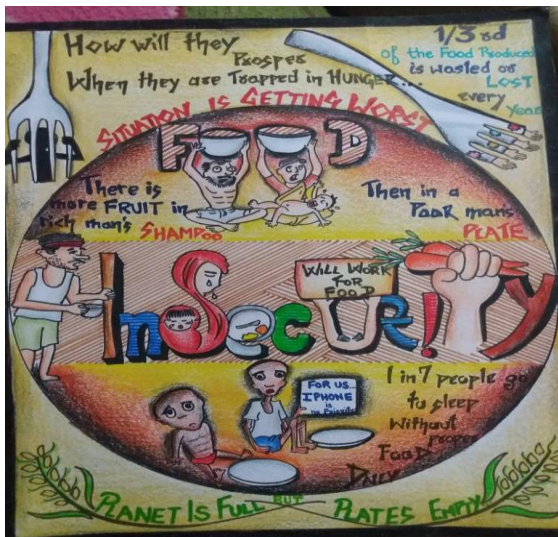
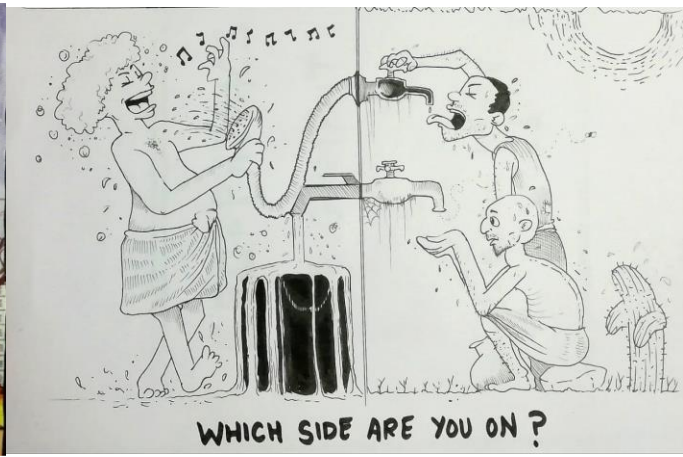


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- 9) Green Society identified and put up nameplates of 56 different species of trees present in our college campus for developing awareness about diversity in nature. In continuation, this year a project on tree watch and tree mapping were carried out for 15 species. We found that our college has 118 Neem trees (*Azadirachta indica*) and 8 Saptaparini trees (*Alstonia scholaris*).

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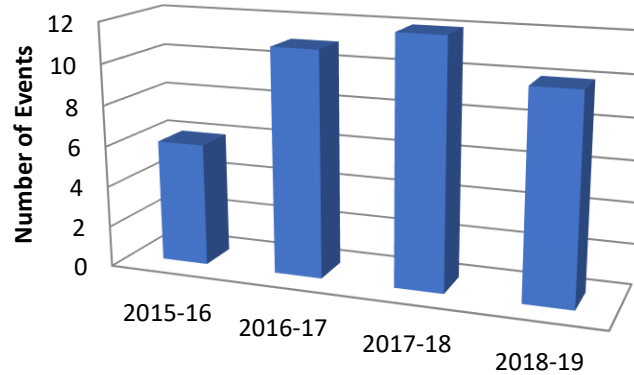
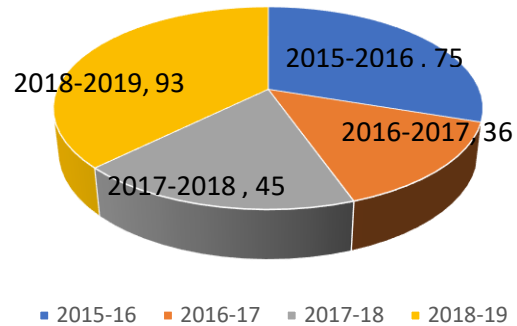
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Number of Students in Green Society



	2015-16	2016-17	2017-18	2018-19
Series1	6	11	12	10

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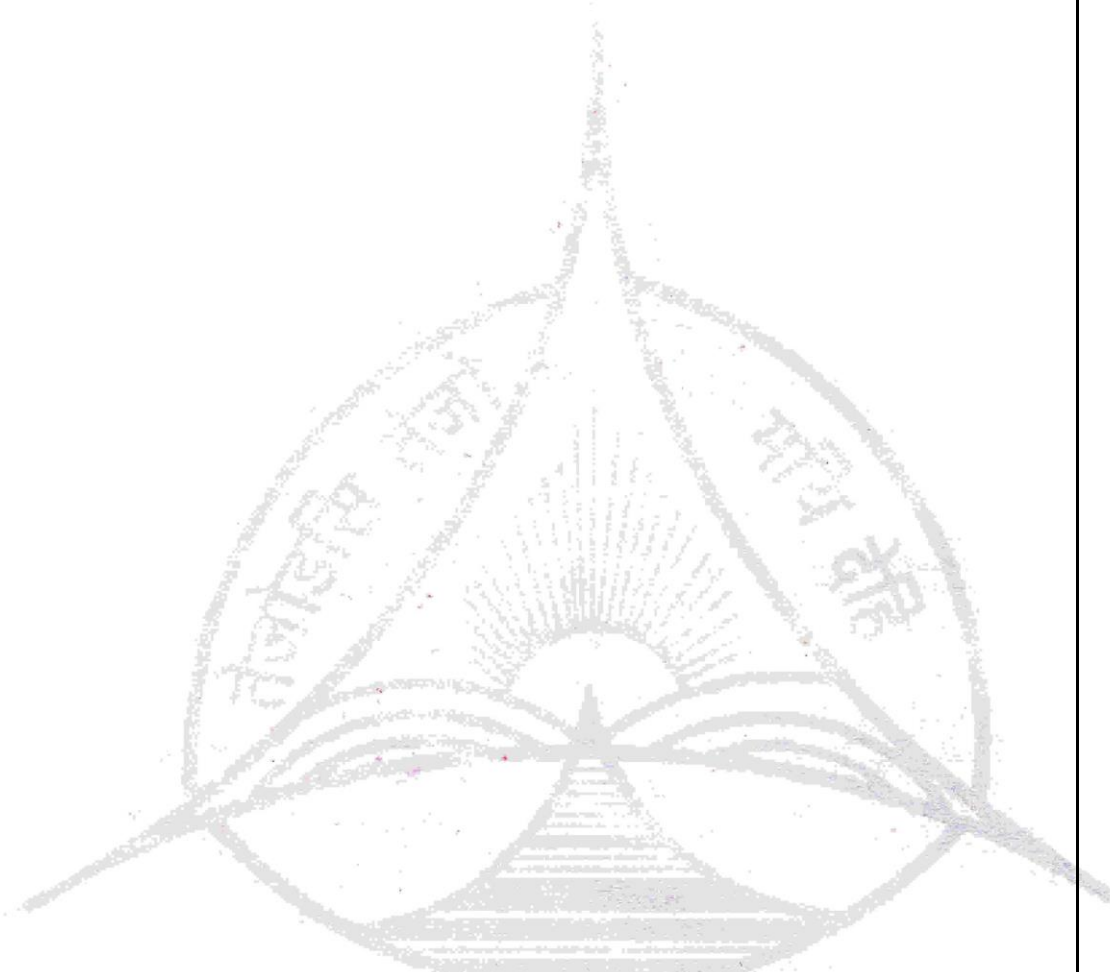
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NATIONAL CADET CORPS (NCC)



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National Cadet Corps (NCC) Jesus and Mary College Academic year: 2018-2019

NCC, JMC was incorporated in 1974 and has been operational since then. There are 160 cadets enrolled right now. NCC conducts various activities every year where cadets participate enthusiastically. There are various events and camps that are being organized. NCC conducts various social awareness drives, rallies, etc.

This year NCC JMC witnessed the launch of 'HIMMAT', an android application for the safety of women in collaboration with Delhi Police. We have also been a part of bike rally named 'ALL WOMEN POWER RALLY' initiated by Nav Bharat Times at Connaught Place.



JMC NCC witnessed the surgical strike exhibition organized by the Indian Army at India Gate with a remarkable band lead by soldiers of Indian Army.

JMC NCC cadets also lead a press conference initiated by FSSAI on Eat Right India Movement; a nukkad natak named 'Khaan Paan Aur Gyaan' was also presented later.

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This year JMC NCC was privileged to have an ASSOCIATE NCC (NATIONAL CADET CORPS) OFFICER – LT. (DR) RICHA RAJ, who had been entitled as the 'Best ANO on the COURSE' in OTA GWALIOR.

The camps in which our cadets participated throughout the year were:

1. 2 CATCs(Combined Annual Training Camp), Delhi
{17JULY TO 26 JULY, 2018}{17October to 26 October2018}: More than 45 cadets participated



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2. Trekking Camp, Himachal: 3 cadets participated and bagged the first position in culturals and 1 cadet got the Best MC all over India.

CDT SATYAM

SUO DHISHMA GRACE

SUO JENNY MASSEY

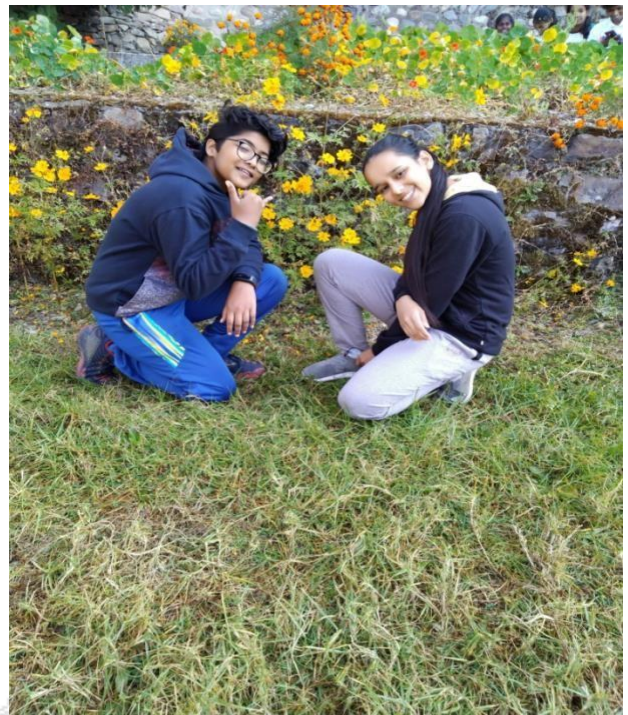
3. Trekking Camp, Sikkim{22 November- 28 November, 2018}: 4 cadets participated

SGT ISHITA OHLAN

SGT KAUSHIKI GOEL

CPL DIVYA GEORGE

LCPL VERONICA



4. EBSB Camp(Ek Bharat Shresht Bharat), Delhi : 3 cadets got selected.

CDT KIRTI TYAGI

CDT HARSHITA CHAUHAN

SGT KAUSHIKI GOEL

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5. EBSB Camp (Ek Bharat Shresht Bharat), Kolkata: 1 cadet got selected
SGT RENU GODARA
6. Pre RDC1 {1 September} and 2 {2 OCTOBER}: 1 Cadet got selected
SGT BASANT KAUR
7. RCTC (Rock Climbing Training Camp) {28 September- 3 October 2018}: 1 cadet got selected
SGT RUBY SHARMA
8. Para Sailing Cadres : 2 cadets got selected
SGT KAUSHIKI GOEL
SGT ISHITA OHLAN



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9. Basic Mountaineering Camp: 1 cadet got selected **CDT REKHA RAWAT**



HIGHLIGHTS OF THE YEAR:

- LCPL Rekha Rawat got selected for the BASIC MOUNTAINEERING CAMP. She also achieved the best runner title and was also recommended for the ADVANCED MOUNTAINEERING CAMP.
- SGT Ishita Ohlan got selected as a para sailor and flew among the three sailors who represented Delhi Directorate in PM Rally, 2019.
- SGT Kaushiki Goel got the best Senior Leader and All India Best Debater title in EBSB, Delhi, 2019.
- SUO Dhishma Grace was the camp leader in the HIMACHAL TREKKING camp, 2018.
- Sports day contingent was amazingly put up by NCC JMC Cadets on March 07, 2019. This was the first event under the guidance of LT (DR) Richa Raj as an ANO.
- A surgical strike awareness program was set up for NCC cadets in which poster making and a college rally was set up by the cadets in the college premises.
- Duties on Montage 2019(COLLEGE ANNUAL FEST) were given by more than 50 cadets of NCC as a part of security team.

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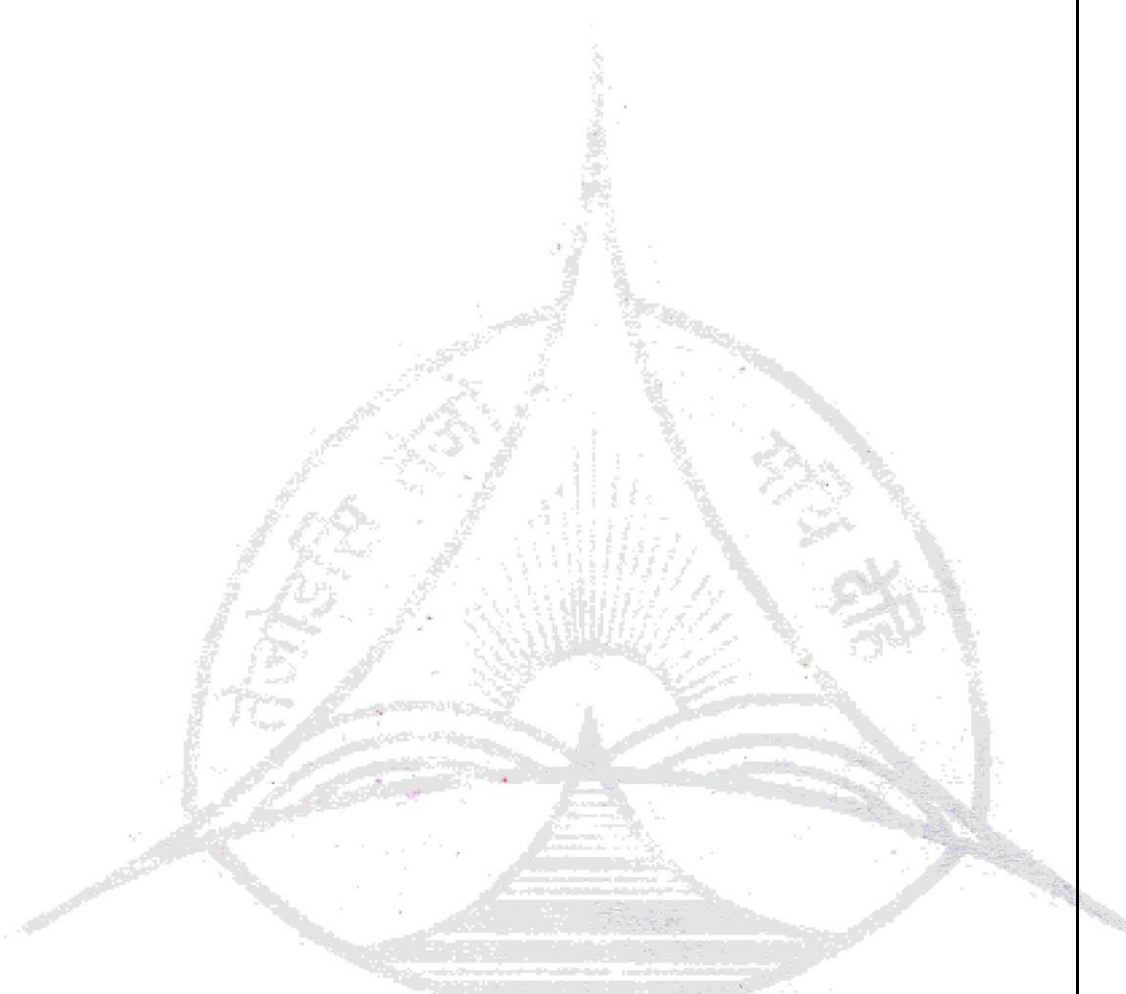
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- A collaboration event was put up by NCC CADETS with NSS volunteers on the VOTE ELECTORAL COLLECTION DRIVE.
- NCC volunteers whole heartedly welcomed COL. Sangeeta in the Convocation Ceremony of JMC.
- NCC cadets of JMC grabbed the amazing opportunity of hitting the mock SSB interviews at DIPR. This year DIPR invited more than 20 cadets conducting their interview sessions at four different dates.
- We proudly have a Lieutenant this year; Lt.Gursimran Gill as JMC NCC alumni.
- Swatch Bharat Outings were done this year thrice in the month of October under the guidance of SGT Kaushiki Goel (swatch bhara ambassador of college,2018-19)
- SUO Dhishma grace and CPL Sneha Sanal got a golden opportunity to initiate and lead a press conference at FSSAI head office, Delhi on Eat Right India Movement.
- The primary aim of NCC is to inculcate leadership among the cadets, so here's a name equivalent to 'leader' in Hindustan. So we declared 'REHNUMA' as the name of NCC JMC society.



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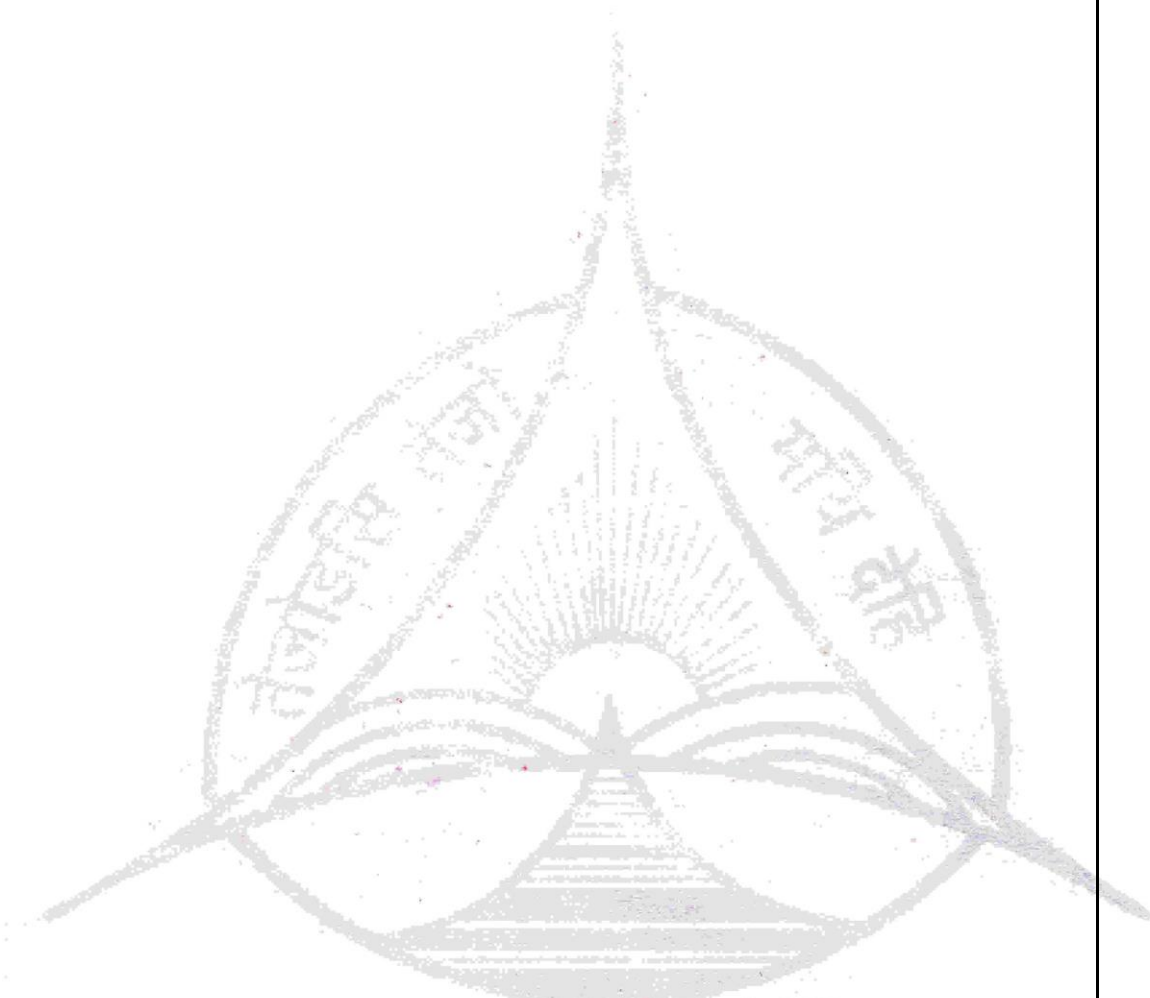
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EQUAL OPPORTUNITY CELL (EOC)



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Equal Opportunity Cell

2018-19

The Equal Opportunity Cell stands as a Pillar to the social justice in the institution. The society works towards its commitment of creating avenues for students with disability to fulfil their potential and create an awareness among the members of the institution to the needs of students with disability and under-represented sections of the society. Its scope lies in creating an atmosphere of equality with special privileges to least advantaged group of the educational institution. The society also focuses on the academic discourses to sensitize the college community. Extra-curricular activities are conducted to bring knowledge and awareness among the student community.

EOC organized various events throughout the year and brought a mélange of differently abled students from across all colleges and created ample opportunities for students with disability to actively participate in various activities and be a part of various interactions.

The enrolment for EOC took place in the month of August 2018 and the volunteers started working towards fulfilling the objectives of the Cell since then. The office bearers for this academic session were Ms. *Stuti Bazari* and Ms. *Harshita Kalra* (Presidents), and Ms. *Rita James* (Vice President). The faculty members associated with EOC were Ms. Rashi Mukhopadhyay (Convenor), Ms. Khushbu Tyagi, Ms. Vishakha Kumar and Dr. Prabhjyot Kaur.

The first task which EOC undertook was that of **audio recording several readings for student with visual impairment**. The process was carried out in consultation with the student. After identifying the needs of the student, various readings/ articles/books were collected and the necessary steps were taken to record the readings. The recordings were done in a systematic manner with each recording mentioning the recording number and necessary details of the reading. This process was carried out throughout the academic year.

In the annual cultural festival of our college-Montage'19, EOC organised '**Prayas 2019**'. Prayas is an annual inter-college competition for students with disability. This year three competitions were organised: Painting, Vocal and Instrument playing competitions. The participation of students with disability from various colleges and universities was overwhelming. The event concluded with distribution of certificates and cash prizes to the winners.



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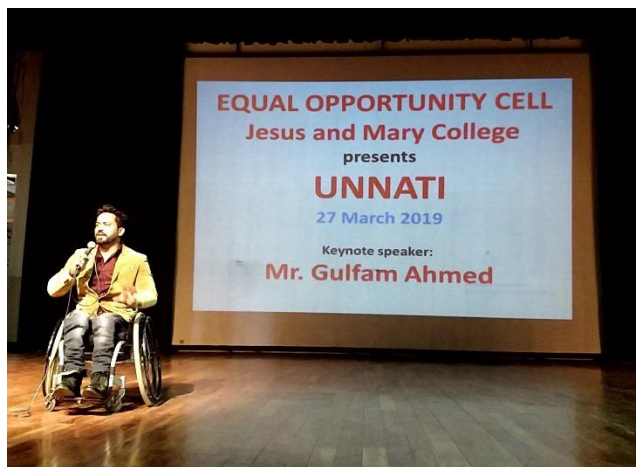
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EOC organised its annual meet '**Unnati 2019**' on March 27, 2019. Mr. Gulfam Ahmed was the keynote speaker for the event. He is a National Para Athlete who has won 26 medals and also holds the title of *Mr. Wheelchair India, 2015*. Mr. Ahmed inspired the audience by his motivational speech and an enriching biographical account. Our special guest for the occasion was Ms. Kajal Mishra, an alumna of Jesus and Mary College and former President of EOC. Our Principal, Sr. (Dr.) Rosily T.L. r.j.m. alongwith R. Gulfam Ahmed gave the certificates to all the office bearers and members of EOC. The welcome song was sung by EOC Vice President, Ms. Rita James. The event concluded with a performance by Asmita theatre: '**Naina ki Kahani**', depicting the life journey of Arunima Sinha, the first female amputee to scale Mount Everest.



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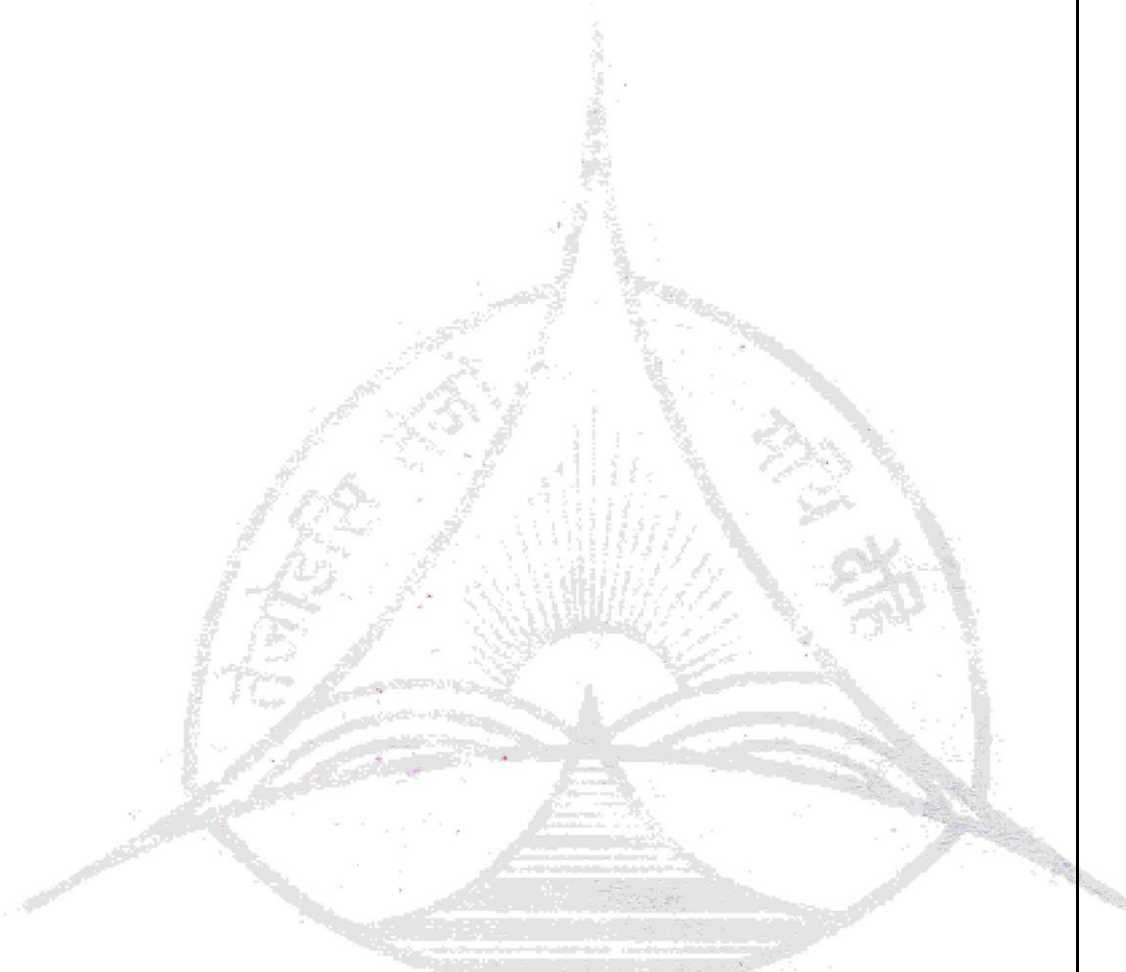
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HINDI DEBATING SOCIETY



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HINDI DEBATING SOCIETY REPORT

JESUS AND MARY COLLEGE

Dr. Meenakshi Kumar
Convenor,
Hindi Debating Society

Hindi Debating Society organised debating competitions on the topics related to Human Values and Professional Ethics during the year. The details are as under:-

Year:- 2018-19

I. HUMAN VALUES:

1. **Topic of the Event:-** 'bhrashtachar hi rashtra nirman mein badhak hai' (भ्रष्टाचार ही राष्ट्र निर्माण में बाधक है)

Number and Identity of participants:- Approximately 12 participants. All the participants were students of Jesus and Mary college.

Purpose of the event:- We chose these topics for our debating event during the Vigilance week celebration in our college to make our students aware about corruption as a major cause which adversely affects India's economy.

II. FUNDAMENTAL DUTIES:-

1. **Topic of the Debate:** 'shiksha ke shetr mein nijikaran' (शिक्षा के क्षेत्र में निजीकरण)

Number and Identity of participants:- Approximately 70 participants. All the participants were students of Under graduate colleges of University of Delhi.

Purpose of the event:- We chose this topic for our debating event during the occasion of Hindi diwas.. To know the perception of our younger generation about the privatization in the field of Education. This topic actually covers the Govt. Universities. What will be the effect on education will coming out if privatization happens in these universities. We gave students a platform to discuss the pros and cons.

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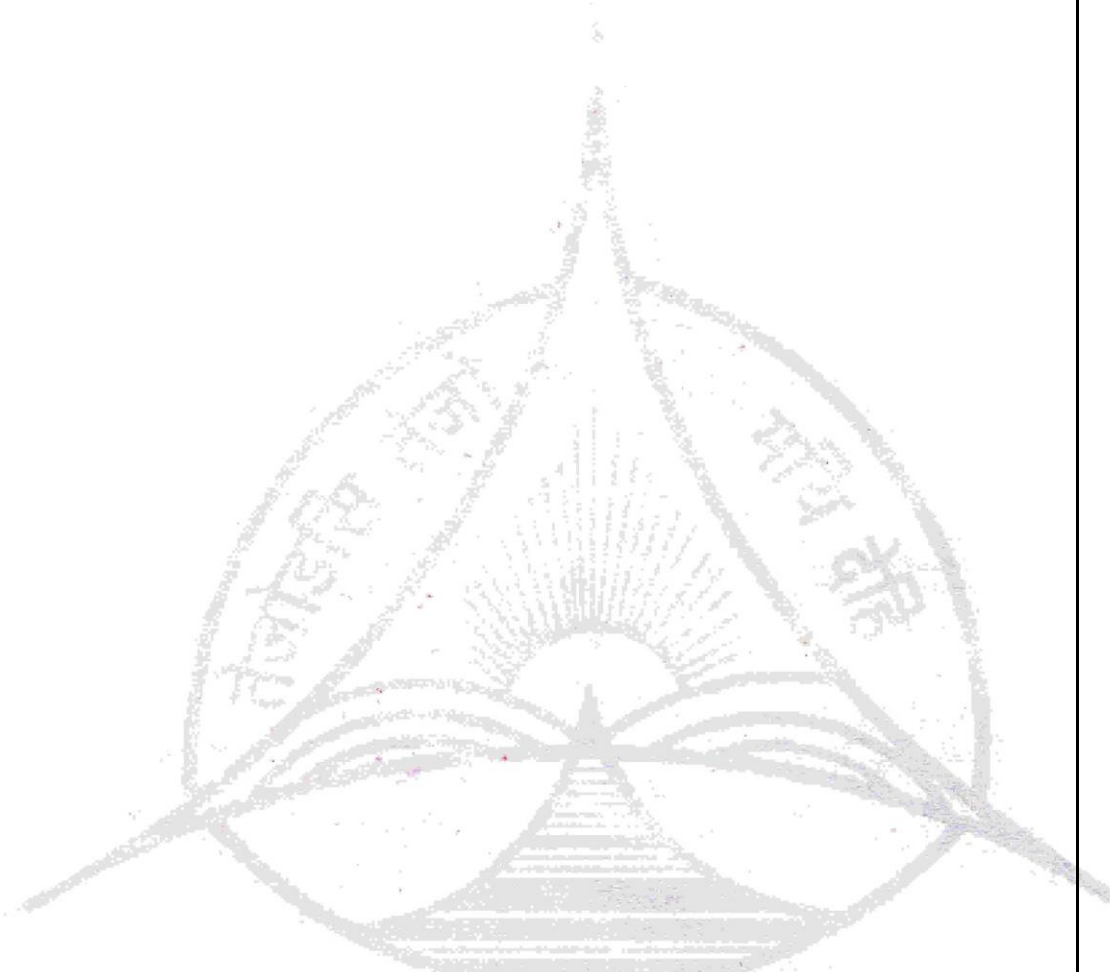
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2. **Topic of the Event:-** 'dharmik rudhiyo ke virudh aawaz aaj ki zarurt hai" (धार्मिक रुढियों के विरुद्ध आवाज ; आज की जरूरत है)

Number and identity of participants:- Approxiamtely 60 participants. All the students were from different under graduate colleges of Delhi university.

Purpose of the event:- Religious rules and regulations which comes from our ancestors are known as DHARMIK RUDHIYA. Actually this topic emphasized on the views given by the participants as we all know that we are the ones by which old rules of religion will be followed. With the passage of time we must eradicate some religious rituals..... To know the point of view on this particular area by our young generation was the objective to put up this topic. Purpose of the event:- We chose this topic for our debating event during the occasion of Hindi diwas.. To know the perception of our younger generation about the privatization in the field of Education. This topic actually covers the Govt. Universities. What will be the effect on education will coming out if privatization happens in these universities. We gave students a platform to discuss the pros amd cons.



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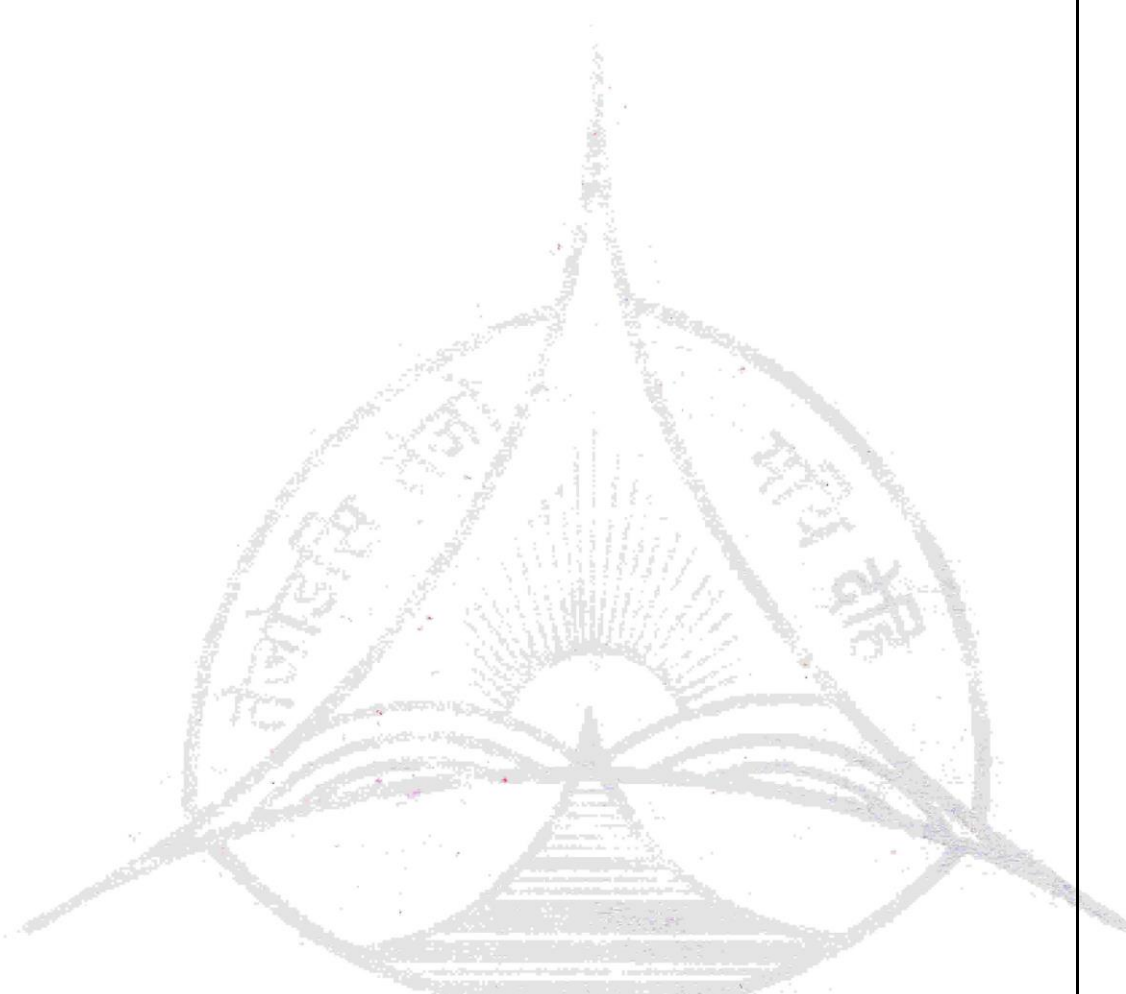
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ENGLISH DEBATING SOCIETY



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English Debating Society-Report

Jesus and Mary College 2018-19

1. During our annual parliamentary debate this year, we circulated a debate across social media (with a reach of above 1200 people) on the topic "This house will put an extra environmental tax on industries that produce/use plastic". The topic was aimed at,
 - (a) Spreading awareness about the excessive use of plastic in society;
 - (b) The tangible/intangible consequences of the same;
 - (c) The possible solutions;
 - (d) And the answerability that industries have towards the same.

The debate led to debate and deliberation over the same and became a motivating factor towards preservation and sustainability during our event.

2.
 - a) Title of the Programme: A talk on "Gender and Beyond"
 - b) Purpose of the Event: Creating awareness regarding notions of gender, intersectionality and the larger movement, its social representation and the future.
 - c) Duration: 2.5 hours
 - d) Number of Participants/Speakers: Participants- 100; Speakers-5
These sessions are regularly held by the society as an initiative to include non-members into debates and discussions about common notions and their counterparts. These talks are open to all and are held during accessible post-college hours.
3.
 - a) Title of the Programme: A talk on "Consent: Who defines the line?"
 - b) Purpose of the Event: With the ongoing discussions, around "Me Too" the society decided to hold a session with speakers taking up different perspectives that revolve around the same. The session was aimed towards creating awareness and providing a platform for people to voice their opinions.
 - c) Duration: 2.5 hours
 - d) Number of Participants/Speakers: Participants- 70; Speakers-2
These sessions are regularly held by the society as an initiative to include non-members into debates and discussions about common notions and their counterparts. These talks are open to all and are held during accessible post-college hours.
The society has always been extremely motivated towards the promotion of gender equity. Over the years, it has not only promoted the idea of a 'safe space' within its tournament, but actively contributed to the debating circuit's move towards documents that recognize

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ground for “equity violation/ conflict resolution” based on gender. In its strive towards promoting the same, it has tried to make debating a more accessible activity to women by running tournaments in lesser hours and reducing the registration fees, etc.

The society has always approached disabilities with the utmost sensitivity and has constantly strived to provide space for the same. Our parliamentary debates held during 2017 and 2018, hosted a participant who has restrictions in physical mobility. For the same, we ensured that we provided ground floor classrooms and extra preparation time to accommodate the same. The society strives towards making disability an idea with which people attach lesser stereotypes, and encourages all to make the society more approachable for those affected

4.

- a) Title of the Programme: Society induction (July 2018)
 - b) Purpose of the Event: The session aimed at introducing spectators to the rules and expectations of the society, and the principles behind the same. It was held to allow people to become aware about the ethics followed by the society, and create awareness about the inclusivity posed by the society.
 - c) Duration: 2 hours
 - d) Number of Participants/Speakers: Participants- 90; Speakers-10
- These sessions are regularly held by the society as an initiative to include non-members into debates and discussions about common notions and their counterparts. These talks are open to all and are held during accessible post-college hours.

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NDMC School Project

Jesus and Mary College has been actively engaging in various activities at the N.P. Co-Ed Senior Secondary School. The focus of the activities has been to generate long term synergies between the School and the College for the welfare of students attending the school. The areas identified for intervention are language, mathematics, environmental issues, psychological and physical health, sports, computer literacy, and networking with agencies who are already working in the area and can contribute to the school. The interventions aim to help the school fully utilize its existing resources and in order to make the impact of interventions sustainable, we facilitate teacher training and work on school culture that promotes enquiry and inclusive growth of students and teachers. A team of 91 student volunteer and 23 teachers have been working toward conducting baseline surveys for initial assessment and implementing various impact-oriented initiatives in the mentioned areas. The activities so far have focused on the following areas:

1. Academic Support

○ Mathematics

A team of student volunteers and teachers from the mathematics department conducted a baseline survey at the school to assess the areas for intervention. The main objective of the students volunteers was to help students of class 1 and 2 overcome the fear of mathematics.

The baseline assessment was conducted using fun activities for ice breaking and thereafter testing the students on their class specific curriculum. This has facilitated a general assessment of the math abilities of the students and has formed the basis for the design and implementation of specific interventions for the identified issues.

○ English

The English group for the Golden Jubilee Project at Bapu Dham school is aiming to increase the proficiency of students in English. The objectives have been to foster students' listening, speaking, reading and writing in English. The scope includes providing exposure to the English language and providing opportunities to use the language in a stress free environment. The broad strategy is to provide inputs through volunteer visits, teacher education as well as suggesting resources and opportunities for language learning.

○ Environmental Studies

Environmental Studies is concerned with the exploration, investigation, and development of an understanding of the natural, human, social and cultural dimensions of local and wider environments. This requires moving beyond traditional boundaries of disciplines and looking at priorities in a shared way. The motivation and scope for EVS intervention is to build on this aspect. The focus of this initiative is to facilitate the teachers of the school:

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- ❖ to work on developing linkages between the surroundings of the child and the subject matter,
- ❖ in creating an environment wherein, the students actively participate in construction of knowledge about their surroundings,
- ❖ to create resourcefulness within the classrooms to engage students,
- ❖ to use school as a learning space to create curiosity and creativity within the child about her immediate environment,
- ❖ to engage the child in exploratory and hands-on activities to acquire basic cognitive and psychomotor skills.



2. Building as Learning Resource

A team of student volunteer and teachers have made an initial assessment of the physical infrastructure in the school with the objective of transforming the physical spaces in the school to further aid student learning. The initial assessment is now being followed up with ways in which the suggested improvements can be implemented.

3. Psychological and Physical Health Aspects

The activities in this area have focused on the needs to assess the psychological and physics needs of students of different age groups and intervene where needed. At the primary level of students, the focus has been to explore and deal with health and psychosomatic concerns that inhibit the adjustment of the child in school. At the middle level, the focus has been extended to explore and understand the development of self- concept as a notion and also investigate the gaps in the same. It has targeted to discover and deal with teenage concerns such as body image, bully behavior, peer pressure, social media, cyber bullying etc. at the senior level of students, and aimed at understanding and dealing with career concerns, performance anxiety, stress and interpersonal concerns.

Another important aspect that has been a key area of focus has been to instill awareness amongst students and teachers on aspects of physical health. In order to create awareness, workshops have been organized to sensitize students and teachers about anemia, along with an anemia camp, and menstrual health.

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4. Sports

The sports department of the college has started training the students of the school for cricket and tennis. Currently, 7-8 Students have joined the S.M Cricket Academy of the College. Further, the college has tied up with Petroleum Sports Promotion Board (PSPB) to provide training to the students of the school.

BAPU DHAM PROJECT REPORT 2018-19

PURPOSE

The Bapu Dham Action Plan, like any initiative meant to better the associated people and the society by extension, is meant to serve a manifold purpose. As mentioned before, the initiative is the Golden Jubilee project of the college with NDMC which was launched by the Honourable President of India, wherein the Bapu Dham school was adopted in order to enrich the students with all round holistic education with special focus on elementary Mathematics.

The initiative is a social welfare effort and, the first and foremost intended recipients of the success of the project would be the students of the Bapu Dham School. Developing an interest for Maths amongst them, is one of the primary objectives of the project. Maths is infamously (and unfairly) reputed to be a dry and difficult subject. Math anxiety is a real problem, affecting not only the exam results of many a student, but also creating a psychological fear for a highly useful subject. If a concerted effort is made to awaken interest in and appreciation for the subject at an early stage, we can nip the fear in the bud.

Through the thorough surveying planned under the initiative, along with one on one interactions with the students, an attempt to understand the thinking process of children will be made. After all, only with access to their thinking process, any solid effort to enhance their education can be made. The survey will systematically analyse the before and after outcomes of the teaching process, thus creating a database that can support decision making and innovation in the field of teaching.

Apart from the students of the Bapu Dham School, the volunteers also stand to gain a lot from the project. All of the volunteers come from diverse backgrounds and till now have had little occasion to apply their acquired knowledge to real world situations. Teaching the basics of a subject they are studying at college level, will only serve to strengthen their own fundamental concepts. Moreover, the initiative will give them an opportunity to widen their horizons, so to speak. Exposure to the conditions of students from entirely different backgrounds from their own, will give them some much needed insight.

INTRODUCTION

"Never stop believing in hope, because miracles happen every day."

With this thought in mind, Jesus and Mary College initiated a very innovative and interesting project, 'Bapu Dham school project'. This project was commenced on the occasion of 50th anniversary of our

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college, when we adopted the Bapu Dham Government Sr. Sec. School for five years, to help them study mathematics in such a way that they are not afraid of it and enjoy studying it. Learning Mathematics provides school going children with opportunities of developing the imperative foundational skills such as problem solving, deductive, inductive and logical reasoning, creative thinking and communication. This also helps them in developing their mental rigor.

As a part of this project, 5 groups comprising of 16 students, all from 2nd year, visited the school for sessions of about 1 to 2 hours in a week. Each group looked after different classes and focused on different topics for different classes. We were excited at the prospect of having a chance to allay the fear of mathematics, which is ever present amongst the students. Thus, to imprint memories of them on us and vice versa, we volunteered for cutting through their Math-phobia.



In the year 2018-19 , we visited the school and the following report comprised of our experiences and the methodology that we had used during this project and also our plans that helped us to make this project successful. It also comprised of the purpose behind the project and the short conclusion.

METHODOLOGY

The aim of this project was the overall growth of students in the field of Mathematics as well as active participation.

Various techniques were designed by the Mathematics Department for the students.

Techniques -

1. Props – The use of props made the sessions more interactive as the students were able to get more involved and got a better understanding of the topic.

For example – Volunteers used of tree branches, colourful buttons and pencils to teach counting, addition, subtraction and multiplication. Use of real-life objects such as clock, notebooks, balls etc. helped to teach shapes.

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3. Quiz – Quiz such as row-wise quiz of counting (example – One row says number 1, the next row has to continue counting) helped students not only learn but also develop a competitive spirit and they also learned team work.

4. Interactive games – Interactive games such as Sit and Stand, helped us to know them better and discern if they have concentration skills, to focus on what is being said (as they have to act according to what is being said).

5. Speed Maths techniques were also taught to students of higher classes, which could help them reduce calculation time.

6. Rewards –

As students, we always wish to get some reward for our class participation. It makes us more active in the class. With this idea in mind we looked forward to appreciate the young kids by praising them for their active performance or applauding the most disciplined students in class by awarding them with the title of student of the day etc.

7. Interactive sessions –

We tried to develop a good teacher – student relationship through interaction like asking them what they want to do in future or what is their favourite movie. This served two purposes – helped the students take their mind off the calculation-heavy subject, and lead to a relaxed environment in the class.

Even as undergraduate students, we always love to interact with our teachers. They are school students, so we can imagine how happy they must be.



8. Questionnaire –

A questionnaire gives the teachers a better understanding of how each student of the class performs and also to get an idea if they can actually write the answers or not. The Volunteers also made the questionnaires. It helped us get a detailed idea about how much understanding of the subject each

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student has. Through this we could judge that which student needs more attention in the academic front and thus we could help them better.



Conclusively, it can be said that having been a part of this project for almost six months, till this point of time, the volunteers and the students have both gained immensely. With the aim of making mathematics more loved and less feared, we aim to involve more students with us in this noble cause of imparting the invaluable gift of education to the future of this nation. The aim would also be to keep striving for making this subject as fun-filled as possible for the students, along with helping them improve their performance in the

examinations. The improvement in the examination results would undoubtedly be a testimony to the efforts put in by the teachers and undergraduate students of the Department of Mathematics of Jesus and Mary College, and give the much-needed confidence to the school kids.





Report of extension activities of Departments (2018-2019)

Extension activities organized by History Department

- In February 2018, a group of 8 students of the History Department, under the guidance of Dr. Maya John, began working on an oral history project on the working class slum cluster, Baljeet Nagar, near Zakhira, Delhi. The work is ongoing. The students presented their preliminary observations at the Annual Student Seminar on how a detailed history of migrant labour and capital - labour conflict in Delhi can be traced through this slum cluster. The students have been interviewing local trade union activists, and different generations of workers in the slum
- In collaboration with Political Science Department of JMC, the History Department organised a talk by Professor Mridula Mukherjee, formerly at Centre for Historical Studies, JNU on 01 September 2017, on 'Gandhi and Indian Nationalism: From Champaran to the Quit India Movement'. Approximately 150 students participated.
- Since 2018, 11 students of the History Department, under the guidance of Dr Richa Raj have been working on an oral history project on 'Mapping Gender in Delhi'. The students have conducted interviews of inspiring and influential women in Delhi such as Late Professor Aparna Basu, formerly at University of Delhi and former President of the All India Women's Conference. They have also interviewed Aanchal Malhotra, a multidisciplinary artist and oral historian working with memory and material culture. In the process, the students were trained how to conduct interviews in a video format, raise important questions and the method of transcription.
- Talk on 'Surplus Visibility? The Public University and the Indian Woman.' (2018-19)
- The Department of History organised a student seminar on 13th March 2019 on **Environmental History: Challenges and Prospects**. The resource persons Dr. Vasudha Pande (Delhi University) and Dr. Debjani Bhattacharyya (Drexel University) shared their ideas on the issues and challenges of environment from global, national and local perspectives. They also facilitated as panelists. Students from different colleges in Delhi participated and presented their research papers.
- 2018 we had a our students working on the 'Food Culture" of Daryaganj. As part of the study the students (team of five girls: Esther Gangte, Priyanka Phogat, P.Alice Preethi, Minu and Ananya Peddibhotla) interacted with the local community at Daryaganj—migrant workers, shopkeepers, local residents, regular shoppers etc and recorded their oral histories. They also presented a paper putting forth their observations on the cosmopolitan culture evolving in Daryaganj which also struggled to keep its historical legacy. This was studied over a period of 2-3 months. The supervision was provided by Dr. Saumya Varghese, TIC and Assistant Professor, Department of History, JMC.
- In 2018, students (a team of 6 girls- Jisa Ann Thomas, Diya James, Elsa Rose John, Gitty Geordy , Litta Thomas, Ashmitha Thomas) also explored the Book Markets of Daryaganj and in this process once again traced the evolving of the legendary publishing houses, book stores

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and peddlars selling second hand books from makeshift pavement shops. This was studied over a period of 3 months. The students also presented a paper on the same entitled "Exploring the many histories of the Book Bazaars of Daryaganj" in the student seminar held by the Department in April 2018. The supervision was provided by Dr. Saumya Varghese, TIC and Assistant Professor, Department of History, JMC

- On 18 January 2019, there was a College Heritage Volunteer Workshop organised under the aegis of INTACH (New Delhi) provided a unique platform and opportunity to our students for discussions in and around heritage.
- In the year 2018 the department organised an outreach programme and collaborated with an NGO in Samaypur Badli. The students of the history department organized a collective drive and the clothes, books, shoes, etc which was donated to children who were students of the NGO.
- During the Kerala floods 2018 the students and teachers of the department collected new clothes, food and other material and collaborated with the college NSS to send these to the affected area.

Extension activities organized by Department of Commerce

- Collection Drive for Relief for the Kerala Flood in collaboration with Nawaazish foundation in 2018-19 (20th August, 18)



COLLECTION
DRIVE
FOR THE
KERALA FLOODS

Commerce Association is organising a collection drive for the Kerala Flood Victims at Jesus and Mary College on Monday, 20th August 2018. Donations accepted in Cash and in Kind

20th August 2018
8:30 AM - 2:00 PM
A Rooms

People in Kerala have suffered huge loss of life and property in the past days due to torrential rains and landslides. Help them rebuild their lives.
We hope to see you at the collection drive

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- Clothes Collection Drive in collaboration with Nawaazish foundation in 2018-2019. 200 students participated in the collection drive. (23rd – 26th October, 18)



- The Mercurian Times is the official E-newsletter of the Department of Commerce. It is a small family divided in various Departments i.e Organising, Finance, Marketing, Technical and Content, with primary focus on polishing skills of its members in all departments. In the year 2018, the Newsletter also started focusing on topics beyond commerce, providing regular updates of the happenings around the college as well as current affairs.



SOCIAL IMPACT

"The ultimate end of all revolutionary social change is to establish the sanctity of human life, the dignity of man, the right of every human being to liberty and well-being."

Keeping this golden principle of humanity in mind, The Mercurian Family strives to act as a catalyst of change for social upliftment.

We, at The Mercurian Times, try to come alongside people in need and interact with these special souls so that they know that we see them, we're with them, and that we always strive to stand united with them.

Therefore, we coined Lumiere as part of EVOON 2.0, whose emergence revolved around the locus of finding hope in despair. As part of the same, we planned an NGO visit on 6th November 2019, to gain insight into social upliftment through such organizations.

The students were glad to receive an insight by Ms. Angelika, the director, on the speciality of the NGO under visit.



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The girls residing in the NGO were the ones who were successfully rescued from the trauma of human trafficking. Our students were filled with immense joy and pleasure after seeing their approach to life and their desire to lead their life with much more enthusiasm, positivity and happiness. The motive behind hosting various activities for the children as well as our team was to enable them to bridge the gap between them and learn to face reality.

We know that reality is not always a sad boat to sail on, but with united efforts can turn into a scintillating joyride that one strives to ride on .

The Mercurian Family is glad to have been part of such an initiative and shall always stand in favour of upliftment of the weaker sections of the society.



Extension activities organized by B.El.Ed Department

- **2018-2019:** 148 students. Every year **B.El.Ed department** students conduct a study of a slum setting in terms of economics, politics, historical memories, and subsistence. They visit different slums (such as Bhatti Mines slum, Hyderpuri slum, Gulabi Bagh slum, Vikas Puri slum and the like) and interact with various people living there and develop an understanding of the intersection of geographical, socio-political, economic factors on the lives of the people. The students also visited special schools such as Amar Jawan, Aanchal, Andh Vidyalay etc. Through this the students are sensitized to the needs, interests, and potentials of the children. During internship the fourth year students identify an issue of prominence in the school. These issues range from school processes, learner identities, teacher challenges and dilemmas to issues of infrastructure, student absenteeism and the like. The students are sensitized to the issues and their impact on children, teachers and the entire school community.

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- The First Year students visit schools for the School Contact Programme. For most part the schools are mainstream schools but they also visit special schools during this programme. Students engage with the children in the schools by carrying out art and craft activities, games, music and storytelling in order to understand childhoods and children. They reflect on psychological and sociological aspects of growing up in different socio-economic contexts. In the special schools, they observe pedagogic practices of teaching differently abled children.
- A beginning has been made to collaborate the Story Telling and Children's Literature practices with the JMCEP society of the college. The Second year students carry out story telling sessions with the underprivileged children of local community.
- Throughout the academic year, the Third year students engage with the local community around the college as well as their homes. During this engagement, they study, explore and look at possibilities of developing the dimensions of local community as resources of pedagogical significance. The dimensions include physical and socio-cultural aspects of the community. In this process they become aware of the issues of the local community with the objective of becoming reflective practitioners.
- In collaboration with the Green Society of the college, the First and Third year students calculated individual plastic footprints. They also carried out a survey of the use of plastic in the college premises. The result fed into the improvement of practices of plastic consumption thereby prompting college canteen to adopt reusable stainless steel plates.



Extension activities organized by Department of Economics

- **Writers for physically challenged, autistic and dyslexic students**

The students volunteered as writers for physically challenged, autistic and dyslexic students of classes 8th to 12th of Sanskriti School, Chanakyapuri in 2018. Student participation:30

- **Community Outreach Project in Sanjay Camp by the Department of Economics**

The **Economics Department** established a **Research and Skill Development Cell in July 2018** with the objective of training students to conduct independent research and in the process reach out to the disadvantaged sections of society. As a part of **Community Outreach**, the cell has initiated a project in the Sanjay Camp Slum (Iraq Colony) with the main objective of training students in survey methods, data collection, research in development economics and social outreach. The students of the Research Cell conducted personal interviews with the households residing in nearby slum Sanjay Camp to collect data on various indicators with emphasis on women centric variables such as menstrual hygiene, awareness about contraceptives, schooling, time devoted to household activities etc. As a token of gratitude for their time, the students distributed sanitary napkins to women. Student participation:30.



The search team comprises of 30 students and guided by the teachers of the department. A total of four rounds of field surveys have been conducted so far and the sample selection has been done using stratified random sampling technique to collect data for several parameters covering Health, Education, sanitation, Household assets and other demographic characteristics. The questionnaire was prepared using the NSSO employment and unemployment schedules. The sample size covered

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this year is 78 households with a total of more than 391 respondents. With the enthusiastic guidance of all the teachers of the department, the team is in the process of digitizing and analyzing the data . The dataset will be updated every 6 months to create a panel data structure to analyze the changes in the surveyed parameters. The objective of the project team for the next academic year is to work on issues of sanitation , menstrual hygiene and awareness in the slum under a collaborative participation network between the Anganwadis, slum dwellers and the research team. We further plan to invite research proposals from the students of the team who will then be working on individual parameters in groups with individual teachers.

The research and field work undertaken by the Research and Skill Development Cell of the Economics Department.

Activities Undertaken

July 2018-December 2018

Orientation session : An orientation session was conducted for the students by Ms. Akanksha, Ms. Akshara, Ms. Megha and Ms. Lavanya in August to acquaint them with the objectives of the cell . The session included selection of field (Sanjay Camp) for Research and Outreach, a discussion on activities to be undertaken in the semester & roles and responsibilities of the members of the cell.

Primary round of visits to Sanjay Camp : The month of September was focused on familiarizing the students with the field. Hence students were divided into groups and each group accompanied by faculty members were taken to the slum.

1. General visit to the Anganwadi Center located in the slum.
2. Group 1 – On 18th September, 2019 the first group visited Sanjay Camp with the following faculty members – Ms Smita Gupta, Ms Shalini Srivastava , Ms Megha Jacob & Ms Akshara Awasthi.
3. Group 2 – On 19th September, 2019 second group visited Sanjay Camp with the following faculty members – Dr Daisy Sales, Ms Rajni Singh, Ms Lavanya & Ms Akanksha Aggarwal.
4. Group 3 – On 24th September, 2019 the last group visited Sanjay Camp with the following faculty members – Ms Akanksha Aggarwal, Ms Lavanya & Ms Megha Jacob.

Feedback Sessions : Post the primary rounds of visits to the field, multiple feedback sessions were held in the month of October to discuss observations pertaining to living conditions of people in the slum, the various challenges that the slum dwellers faced on a daily basis, etc. Based on these sessions, the students shortlisted areas of interest and variables they were interested in analyzing.

Preparation of Questionnaire : In the months of November & December, the students engaged in

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preparing a questionnaire in order to conduct personal interviews with households in the slum and collect data. The objective was to collect information pertaining to demographics, education, health with a special focus on children and women residing in the slum. To aid them in this process, sessions were conducted by Ms. Akanksha, Ms. Megha & Ms. Lavanya on the dynamics of conducting personal interviews and preparing an objective Questionnaire for data collection.

January 2019 – June 2019

Training Workshops : In order to enable students to conduct personal interviews in the capacity of Field Investigators, workshops were conducted by Ms Akanksha Aggarwal, Ms Akshara Awasthi, Ms Megha Jacob & Ms. Lavanya in the month of January 2019.

Pilot Survey : A Pilot survey was held in the field to assess the quality of the questionnaire and make necessary changes if required.

Feedback Sessions : Multiple Feedback sessions were conducted to discuss the challenges faced during the pilot survey and brainstorm solutions to ensure that Personal Interviews are carried smoothly.

Data Collection through Primary Survey : After incorporating the necessary changes from the pilot survey, the students collected data at the household level in three rounds in the month of February, 2019.

Compilation & Analysis of Data : Three sessions were conducted by Ms. Akshara Awasthi, Ms. Megha Jacob & Ms. Akanksha Aggarwal on techniques of compilation of data collected through primary survey. This facilitated the preparation of a master dataset with information on different variables.

Preparation of Summary Statistics : Based on the analysis of data for different variables, summary statistics were prepared to give an overview of different variables such as Age Profile, Sex Ratio, Enrollment ratio, Occupational Structure, Educational Qualifications etc-. This was presented by the students of the cell to the entire Department of Economics.

Way Forward : A session was conducted by Ms. Lavanya & Ms. Akanksha with the students to discuss the plans for the next semester. Based on the discussion, the following was decided – a) Conduct an Outreach Program for women residing in the slum, b) Preparation of a report compiling findings from the primary survey & c) Dividing students into groups and developing research papers.

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Extension activities organized by B.Voc Department

B.Voc - HEALTHCARE MANAGEMENT

The Nodal Officer of B.Voc department worked diligently to bring in a partnership with the Reach Out team of Sir Ganga Ram Hospital (SGRH) to start an Out Reach Program for B.Voc students in 'Geriatrics' and 'Adolescents'.

Outreach Program in Geriatrics:

This initiative aims at providing physical & emotional support to geriatrics in need of help. This will inculcate a sense of social responsibility, develop and nurture the right values of compassion and service in our students.

- A group of our students went to an **Eye Camp** held at Geeta Bhawan in Kirti Nagar organized by the 'Reach Out' team of SGRH on 1st and 2nd February '19. The students documented the Patient's Details & made them feel comfortable.
- Some students from Geriatrics Group went to 'Nirmal Chhaya', old-age home in Chhatarpur on 19th February & 19th March '19 where they had an amazing interaction and learnt about the experiences and challenges faced by the elderly.



Outreach Programme in Adolescents:

The aim of this initiative is to enable our students to visit schools/institutions to counsel and guide the adolescents to help them deal with the specific challenges of this age group.

To achieve this objective, students have been trained by the team of doctors from SGRH to become certified counselors.

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- The Students assigned to the Adolescent group went to **GD Salwan Public School, Rajinder Nagar** on 30th March '19 where they conducted an Orientation session for the parents on different topics such as Healthy Tiffin and Snack options for kids, overall development of children, challenges faced by working parents & Comparison between siblings.
- The students also went to **P.G.D.A.V School, Patel Nagar** on 8th April '19 wherein they conducted a session for the students of class 7 & above. They spoke on different topics such as Disadvantages of excess use of Internet, Importance of doing well in academics, Fallout of using foul language and good behaviour-a key to success.

Extension activities organized by English and Mathematics Department

- The Golden Jubilee project of the college with NDMC was launched by the Honourable President of India, wherein the Bapu Dham school was adopted in order to enrich the students with all round holistic education. A team of students and teachers from **English and Mathematics department** visits the Bapu Dham School once in a week to help the students to develop the better understanding of the subjects. The **EVS Department** has conducted several workshops for teachers and students.

